

• ACTIVITY • GUIDE

SUMMER • 2015



Phone: (510) 747-PLAY • Registration: www.arpdeplay.com • Website: www.alamedaca.gov/recreation



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ARPD DIRECTOR'S MESSAGE

Happy summer! Our many park development projects are moving along really well. We are starting detailed design on the Cross Alameda Trail through Jean Sweeney Open Space Park. In addition, we will soon be starting detailed design of the entire park, thanks to funding from Tim Lewis Communities through a developer's agreement for the Del Monte building. This agreement will also provide funds to construct the first phase of Sweeney Park, which will be the most eastern portion along Sherman Street. The Krusi Park Recreation Center will be replaced later this year with a brand new building. And ARPD received a \$300,000 grant from the California Department of Boating and Waterways to design a complete renovation of the Encinal Boat Ramp including the ramp, docks, parking lot, restroom, new lighting, and adding a fish cleaning station and a new low-float dock specifically for non-motorized vessels such as kayaks, stand up paddle boards and canoes.

You will also see a number of park improvements throughout the island over the next year. These include:

- Replacing the playground at Longfellow Park. We are keeping (and improving) the train, adding new play components in the sand area, and putting in a new playground with a train theme.
- Improving ADA access throughout all of our parks.
- Starting to convert lawn areas at passive use parks, such as Main Street Linear Park and Neptune Park, to Bay-Friendly, drought tolerant landscape and drip irrigation.
- Resurfacing asphalt pathways, starting with Shoreline Park on Bay Farm Island.

ARPD identified funding for these park maintenance projects through cell tower revenues, the Recreation Fund, and the last fiscal year's budget surplus.

I'm also proud to announce that ARPD is now offering numerous outdoor activities, including many on the water. I am a strong proponent of easy and affordable access to the outdoors. In this guide, you'll find classes for those just starting and those who simply want to paddle or play with a group. You can get on a kayak, a stand up paddle board, a sailing boat, or take a senior trip to paddle on the Russian River. And of course, come join us at the Sand Castle & Sand Sculpture Contest on June 6th at Crab Cove. We live next to the beautiful San Francisco Bay – take advantage of it!

As always, I welcome your ideas and suggestions. You can contact me at awooldridge@alamedaca.gov or like us on Facebook.



Amy Wooldridge, Director

**Parks
Make
Life
Better!**

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Shawn Smith

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Recreation and Parks Commission

Meets every 2nd Thursday at 7:00pm
At City Hall, Council Chambers
2263 Santa Clara Ave., Alameda
Everyone welcome
Also televised live on
Alameda Cable TV Ch. 15

Golf Commission

Meets 2nd Tuesday at 6:30p.m.
every other month
(Jan, Mar, May, July, Sept, Nov.)
At City Hall, 3rd Floor, Room 360
2263 Santa Clara Ave., Alameda

Mastick Senior Center Advisory Board

Meets 3rd Wednesday
at 9:00 a.m.
Mastick Senior Center
1155 Santa Clara Ave., Room D

Alameda Youth Committee

Meets Wednesdays at 4:00p.m.
At the Vet's Building, 2203 Central
Ave., Rm. 390
For grades 6-12

Alameda City Council

Trish Herrera Spencer	Mayor
Frank Matarrese	Vice Mayor
Tony Daysog	Councilmember
Marilyn Ezzy Ashcraft	Councilmember
Jim Oddie	Councilmember

Recreation and Parks Commission

Bill Delaney	Chair
Lola Brown	Vice-Chair
Mario Mariani	Member
Ruben Tilos	Member
Ann Cooke	Member

STAFF

John Russo	City Manager
Amy Wooldridge	ARPD Director
Jackie Krause	Recreation Manager
John McDonald	Parks Manager
Patrick Russi	Recreation Manager
Christina Bailey	Recreation Specialist
Edward Kallas	Recreation Specialist
Dennis McDaniels	Recreation Specialist
Shawn Smith	Recreation Specialist
Nora Pon	Senior Clerk
Susie Brown	Administration
Amy Vales	Accounting Technician

Alameda Recreation & Park Department



Web	www.alamedaca.gov/recreation
Online Registration	www.arpdeplay.com
Email	arpd@alamedaca.gov
Facebook	playARPD on Facebook
Phone	510-747-PLAY
Fax	510-523-4071
Hours	Mon - Thurs: 8am - 6pm
Park & Facility Issues - After Hours	747-7542
Field Condition Hotline (after 2pm)	747-7540
Mastick Senior Center	747-7500
Parks & Facilities	Refer to page 20 - 21

CITY DEPARTMENT PHONE LIST

Emergency (Life or Property at Risk)	911
City Information	747-7400
City Attorney	747-4750
City Clerk & City Council	747-4800
City Manager's Office	747-4700
Alameda Municipal Power (AMP)	748-3900
Community Development	747-6850
Building	747-6800
Economic Development	747-6890
Finance	747-4881
Fire (Non-Emergency only)	337-2100
Chuck Corica Golf Complex	747-7800
Housing Authority	747-4300
Human Resources	747-4900
Library	747-7777
Police (Non-Emergency only)	337-8340
Anonymous Tip	337-8450
Animal Shelter	337-8565
Animal Control/FAAS Shelter	337-8340
Public Works	747-7900

COMMUNITY RESOURCES

Alameda Alligators	www.alameda-alga.com
Alameda Attack Lacrosse	www.alamedalacrosse.com
Alameda Babe Ruth	www.alamedababeruth.com
Alameda Boys & Girls Club	www.alamedabgc.org
Alameda Education Foundation	www.alamedaeducationfoundation.org
Alameda Family Childcare Association	521-3997
Alameda Family Services	www.xanthos.org
Alameda Girls Softball	www.alamedagsa.com
Alameda Historical Museum	www.alamedamuseum.org
Alameda Islanders	www.alamedaislanders.org
Alameda Little League	www.eteamz.com/alamedalittleleague
Alameda Meals on Wheels	www.alamedamealsonwheels.org (865-6131)
Alameda Pirates Football	www.thealamedapirates.org
Alameda Soccer Club	www.alamedasoccer.org
Alameda Swimming Pool Assn	www.alameda-swimming.com
Alameda Unified School District	www.alameda.k12.ca.us
Alameda Wolverines	www.alamedafootball.com
Alameda Youth Basketball	Randy4sports@hotmail.com
Alameda Youth Collaborative	www.alamedayouth.com
American Red Cross	www.redcross.org
Chamber of Commerce	www.alamedachamber.com
Chuck Corica Golf Complex	www.alamedagolf.com
Crab Cove Visitors Center	www.ebparks.org/parks/vc/crab_cove
East Bay Regional Park District	www.ebparks.org
Girls Inc. of the Island City	www.girlsincislandcity.org
USS Hornet Foundation Museum	www.uss-hornet.org
State Park Info and Reservations	www.parks.ca.gov

Community Garden Panel Discussion Let's Talk Gardens!

Sunday, April 12th
11:00 am - 2:00 pm

Officer's Club, 641 West Redline

Alameda Backyard Growers, Inc. will celebrate its five-year anniversary with a special event: "Growing Community, One Community Garden at a Time". Bill Maynard, Community Garden Coordinator for the City of Sacramento and the current President of the American Community Gardening Association will be joined by Master Gardener Sam Foushee, coordinator of the Emeryville Community Organic Garden and co-founder of the Lake Merritt Trials and Demonstration Gardens in Oakland to share their many experiences in planning and operating successful garden environments in northern California.

Alameda Recreation and Parks is hosting this special event as part of its efforts to create a community garden and demonstration garden at the Jean Sweeney Open Space Park. Support from the Office of Alameda County Supervisor Wilma Chan. Light refreshments will be served.



Earth Day Festival

Saturday, Apr. 25
10:00 a.m. - 3:00 p.m.
Washington Park

Come celebrate the planet with us at Alameda's Earth Day Festival! As part of celebration, it is our goal to present simple lifestyle changes to help the environment. This year's theme is "Get Smart" about ways to improve your world you live in. Come enjoy the Farmer's Market, children's entertainment, vendor exhibits, Boy Scouts and Girl Scouts re-use crafts, Bike Rodeo & Skateboard Demonstration and Safety tips, Earth Day games and learn about building a clean, healthy, sustainable world for generations to come.

Get involved with the Earth Day Beach Clean-Up - Registration is required: (888) 327-2757 or online at www.ebparksonline.org



Alameda Community Chorus Performance

Friday, May 8, 7:30 p.m.
Kofman Auditorium, 2200 Central Avenue

NEW

Mastick Senior Center Advisory Board's Annual Thrift Shop Fashion Show & Spring Luncheon

Thursday, May 14, 11:00 a.m.
Mastick Social Hall

Alameda Community Band Performance

Friday, May 26, 7:30 p.m.
Kofman Auditorium, 2200 Central Avenue

NEW

49th Annual Sand Castle & Sand Sculpture Contest

Saturday, June 6, 9:00 a.m.
Robert Crown

Memorial State Beach Park

Registration 9:00 a.m. to 11:00 a.m.

Judging begins at 12:00 p.m.

Awards Ceremony at 1:00 p.m.

Start your creative juices flowing and get ready to bring your shovel and buckets to the beach to create a unique piece of art at the Sand Castle Contest. This FREE event is a fabulous family fun activity to either participate in or just come down to watch all of the action. The Contest is co-sponsored by the Bayview Women's Club, East Bay Regional Park District, Alameda Youth Committee, and ARPD.

FREE



Starlight Movies in the Park

Fridays 6:30 p.m.

Free Starlight Movies in the Park will again take place this summer for families to enjoy. The event starts at 6:30 p.m. with pre-show festivities of games and crafts for kids. The featured movie begins at approximately 8:15 p.m. Snacks and food are available and proceeds support the Teen Program. Bring your own chairs and blankets and enjoy a film under the stars.

FREE



Alexander and the Terrible, Horrible, No Good, Very Bad Day

Friday, June 26	6:30 - 10:30 p.m.	Multi-Purpose Field
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The Lego Movie

Friday, July 24	6:30 - 10:30 p.m.	Multi-Purpose Field
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Big Hero 6

Friday, September 11	6:30 - 10:30 p.m.	Leydecker Field
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61st Annual Swim Championships

Friday, Aug. 7 through Sunday, Aug. 9
Encinal Swim Center, 230 Central Avenue at 3rd St.

The 2015 City of Alameda Swim Championships is sponsored by ARPD in cooperation with the Ala-Gator and Alameda Island Aquatics Swim teams. This Meet is organized and run by dedicated volunteers, parents, coaches and friends for the sole enjoyment of their children and to foster their continued interest in swimming. All participants must be Alameda residents to participate. All swimmers except those in the novice division must have their current USS Swimming registration. Masters swimming events are held Friday evening. Entries are available at Emma Hood and Encinal Swim Centers starting June 22nd. Entries close July 23.

102nd Annual

Alameda City Tennis Tournament

Friday, Sept. 11 through Sunday, Sept. 13
Fairfield Tennis Courts at Lower Washington Park

The tradition continues as the Alameda Recreation and Park Department presents the oldest continuous sporting event in the city. The tournament is open to all adults. Men's and women's divisions as well as doubles and mixed doubles in the following classes: 3.5, 4.0, and 4.5. Entries are available at Fairfield, Krusi, and Leydecker tennis courts, online and in the ARPD office starting July 7. Entries close August 27. Fee: \$25 singles; \$40 doubles

ALAMEDA WALKS

2015 Schedule

All walks begin at 9 a.m. and last approximately one hour. When walks are longer, it will be noted plus new walks are indicated. Look for the red Alameda Walks hats! While we love the furry pets, we prefer that they wait for you at home.

May 2

Alameda Point - Check what is happening out here?

Meet at the entrance of the West Gate just inside in the parking lot. This walk will explore the area around West Gate of the former Naval Air Station. Topics include the A-7B Corsair II Jet, Alameda Naval Air Museum, Site A of the Point Redevelopment Plan, and other fun facts.

May 9

North Shore - WEST

Meet at Littlejohn Park, 1401 Pacific Ave. The walk will explore the history of the area including the Del Monte building and the adjacent environment. Also included in the walk is a brief discussion about Alaskan Packers and the world's first land-based containerized shipping crane. Dennis Evanosky and Eric Kos will lead this walk. Note: walk lasts 1 hour 15 minutes

June 6

Webster Street/Crab Cove/Sand Castle Contest

Meet at the tennis courts, Lower Washington Park (entrance on 8th Street). The walk will end with the opportunity to check out the building of the sand castle and sand sculptures.

June 13 - Special Time at 10 a.m.

Art Studios in Alameda and Jingtowntown (Oakland)

Meet on the plaza in front of Nob Hill Foods, Bridgeside Shopping Center. This walk will explore the area of art studios in Alameda as well as Jingtowntown on the other side of Park Street Bridge. The studios are part of the East Bay Art Attack. Participants will be able to go into studios of interest after 11 am. Robert Perricone will lead this walk. Note: walk lasts 1 hour 15 minutes



July 4

4th of July Holiday

Walk or ride bikes and enjoy the Mayor's 4th of July Parade! ENJOY YOUR HOLIDAY IN LOVELY ALAMEDA!

July 11

North Shore - EAST

NEW

Meet at McKinley Park, 2165 Buena Vista Ave. This walk will explore the history of the North Shore area from Clement, Everett, & Buena Vista Avenues, part of Squatter's Pancoast. Dennis Evanosky and Eric Kos will lead this walk. Note: walk lasts 1 hour 15 minutes

August 1

Harbor Bay Business Parkway

Meet at Harbor Bay Ferry Terminal Parking Lot, 299 Adelphian Way (94502). This walk will explore the scenic views of the San Francisco Bay and learn about the businesses and their expansion of the Harbor Bay Business Parkway. Don't miss out to learn about VF Outdoors, Peets, Donsumor, etc.

August 8 - Updated

Destroyers of Bay Farm

Meet at Tillman Park, 220 Aughinbaugh Way. This walk will explore Bay Farm History including the use of World War I Destroyers as break waters for the development of Harbor Bay. Dennis Evanosky and Eric Kos will lead this walk. Note: walk lasts 1 hour 15 minutes

ALAMEDA POLICE

Summer Youth Academy

The Alameda Police Department (APD) is excited to announce it will be holding its Summer Youth Academy which will run from June 22nd to July 4th. Academy attendees will get to participate in the July 4th parade. The free 30 hour program is designed to provide Alameda youth a chance to learn about APD and explore law enforcement as a possible future career choice. Topics will include:

- Patrol Procedures
- Internet Safety/Investigations
- Traffic Stops
- Police Equipment
- Crime Scene Investigations
- Tour of Santa Rita Jail
- Traffic Enforcement



Classes meet Monday through Friday from 9:00 a.m. to 12:00 p.m. To apply, applicants must meet the following criteria: be between the ages of 11 and 14 years old (6th to 8th grade), have a grade point average (GPA) above 2.0, live in or attend school in Alameda, are drug/alcohol free, and have no prior misdemeanor/felony contacts. Parental Consent is required.

To apply

<http://alamedaca.gov/police/crime-prevention-copps>.

Space is limited. Applications will be accepted through June 8, 2015. If you have any questions, please contact Officer Frank Petersen at (510)337-8387 or fpetersen@alamedaca.gov.

RECYCLING



Packing a Zero Waste Picnic

The recent arrival of Recycling and Organics containers in our favorite parks is cause for celebration – and cause for more thoughtful picnic planning! Like with most things, planning ahead is the key to a fun and waste-free picnic.



Here's a few Zero Waste tips to get you on your way:

- Planning for finger foods, or using compostable paper wrappers (on sandwiches or cupcakes) trims picnic waste down to almost Zero.
- Most fruit has its own packaging – like an orange in an orange peel – and helps keep waste to a minimum. That peel is compostable!
- While reusable plates and cups are best, paper plates and cups are compostable.
- Reusable plastic tubs and jars are perfect for picnic salads and sandwiches.
- Cans and bottles are recyclable, as most of us already know, but were you aware that plastic utensils are not recyclable? Disposable utensils are trash, and should be avoided if possible.
- Pack colorful and healthy salads in large Mason jars. Don't forget a couple of helpful reusable serving spoons.
- If you bring a stack of pizzas to your large picnic, remember that those boxes are entirely compostable. And the paper napkins!
- Bonus ZW points: Create a reusable picnic kit that is ready-to-go for any occasion. Include metal utensils, sturdy and reusable plastic cups, a cloth tablecloth (or an attractive sheet), and a washable set of cloth napkins. Store it all in a see-through plastic bin or the ever-attractive picnic basket.



Looking forward to seeing your picnic planning ideas this summer! Questions about waste-free picnic planning, or any other waste-reduction efforts? Call Public Works at 510-747-7930.

ALAMEDA FREE LIBRARY

Adults

- **Summer Reading Sign-Ups:** June 13 during Family Fun Day.
- **Paint & Pints:** Create your own masterpiece – Thursday, June 25 – sign-ups will begin May 30. Waitlist will be made. More information to follow.
- **Murder Before Dessert:** Saturday, July 25 6:00 pm – sign-ups will begin at Summer Reading sign-ups on June 13. Only 50 places available, waitlist will be made. More information to follow.
- **What's Up Big Band:** Sunday, August 2 2:00 pm – Take to the dance floor or just sit, listen, and tap your toes as the Big Band Era comes alive with "What's Up Big Band". You'll enjoy the music of the Big Band Legend such as: Glenn Miller, Benny Goodman, Harry James, Count Basie, Louis Armstrong, Perez Prado, Frank Sinatra and more! What Up Big Band is an 18-piece Dance Band. More information to follow.

Teens

- **Read to the Rhythm:** 2015 Summer Reading for Teens. Teen kick-off – June 20th. Don't let the summer be boring, take the summer reading challenge and/or join in one of the great programs planned just for teens!

Children

- **Read to the Rhythm:** 2015 Summer Reading Program – June 13-August 8. Stop Summer Slide! Sign up for the Summer Reading Program! Kids who read during summer break have a better chance of retaining what they learned during the school year. To encourage life-long learning and foster a love of reading, we'll be hosting a variety of programs at all three libraries throughout June and July. Check our website or Facebook page for the most current information.
- **Family Fun Day Summer Reading Kick-off:** Saturday, June 13, 11:00am-3:00pm. Join us at the Main Library where we'll be celebrating the start of our summer reading program, Read to the Rhythm. There will be games, crafts, stories, and even a music and magic show!

Ongoing Programs

- There are amazing things happening at the library all year long! Check us out online for information about storytimes, sing-alongs, LEGO® days, drop-in crafts, book clubs and more!



FAMILY DAY TRIPS

NEW

ARPD is excited to bring back its Family Day Trip program for summer 2015! Family Day Trips include transportation to and from Alameda, and admission to the excursion location. All ages of participants are welcome; however, anyone under the age of 18 must be accompanied by an adult. Return times are approximate; please allow for flexibility due to traffic conditions. Program information subject to change; excursions may be cancelled due to low enrollment.



We depart from and return to the Bayport Recreation Center, 301 Jack London Avenue, Alameda, 94501 (Next to Ruby Bridges Elementary School). Please arrive 10-15 minutes early for check-in.

San Francisco Giants vs. Washington Nationals

Travel across the Bay to cheer on the defending World Series Champions - your San Francisco Giants! Spend a beautiful Sunday afternoon, at AT&T Park, watching the Giants take on the Washington Nationals. Our seats are in Section 325 (View Reserved). Each ticket is a Splash Tix, which comes pre-loaded with \$12.00 for your use at AT&T Park concessions. Limited number of tickets available - sign-up early!

Sun., August 16, 2015	10:30 a.m. - 5:30 p.m.
\$50.00 (Ages 3-12, 65+)	\$60.00 (Ages 13-64)
Class # 15509	Registration Deadline: Fri., July 31

Alameda Recreation and Park Department—510-747-7511—arpd@alamedaca.gov

Fabulous Vacations—Spring/Summer 2015

The Alameda Recreation and Park Department is partnering with Collette to provide extended travel opportunities for adventurous adults and families. In addition, ARPD Staff coordinates day trips to fun destinations located throughout the Bay Area and beyond! For more information, contact Ed Kallas, Recreation Services Specialist, at (510) 747-7511 or e-mail him at: ekallas@alamedaca.gov

PADDLING ON THE RUSSIAN RIVER

**Tuesday, May 5, 2015
8:30 a.m. to 5:00 p.m.**

Cost: \$75 per person—Includes lunch, transportation, professional guides on the water

Register: Mastick Senior Center beginning Wednesday, April 1st at 8:30 a.m.

Class #: 15209

Choose a canoe or kayak and paddle down the Russian River with friends. May is a beautiful time to experience otters, herons and a variety of other birds frolicking on the water. During this time of year, the flow of the water strikes a perfect balance...enough to aide your trek, but not enough to jostle you about. Our group will maintain a pace that allows for all ability levels. Must be 50+ to participate.



MAINE'S RUGGED COAST July 25-August 1, 2015

Highlights: Boston, Boston Harbor Cruise, Bar Harbor, Acadia National Park, Freeport, Boothbay Harbor, Lobster Dinner, Kennebunkport

Cost Per Person—Includes airline & taxes, transfers, transportation, hotels, all tours and 12 meals:

- ♦ Double: \$2,999
- ♦ Single: \$4,049
- ♦ Triple: \$2,969

2015 Summer Programs for 3 years to Pre-Kindergarten

In order to be enrolled, your child must:

- Be ready to separate from parent (& parent from child)
- Be willing to participate in the program without parent being present
- Be out of diapers/pull ups
- Able to tend to their personal needs
- Meet the age requirement by the first day of class

Introduction to Small Fry

3 years - 3 years 11 months

This class is designed to help your child develop his/her social, emotional and self help skills through play based activities. Recommended for any 3 year old who has not been in any pre-school setting or plans on attending ARPD Small Fry Class in the Fall 2015.

Monday, Wednesday, Friday	\$315
Littlejohn Center	Class #15230
June 22 - July 31 (No Class July 3)	9:00 a.m. to 12 p.m.

Small Fry Rembrandts Art Camp

3 years - 3 years 11 months

Come and have fun with art. Experience how Michelangelo painted on his back! You will use a variety of different mediums in creating your own masterpieces. All art projects are age appropriate.



Tuesday & Thursday	\$210
Littlejohn Center	Class # 15232
July 7 - July 30	9:00 a.m. to 12 p.m.

Splash Camp

3 - 5 years, Pre-Kindergarten

Come and experience different activities and games you can do with water without being in a pool. Play catch with a water balloon, learn how a boat floats, how water is used in different forms of art, or just come and play in water. Please note that your child will get wet. It is suggested that your child wear their swim suit under their clothes and bring a towel. (snacks & drink provided)



Woodstock Park	9 a.m. to 12 noon
June 22 - 26	\$85 Class # 15240
June 29 - July 2*	\$70 Class # 15241
*No class July 3	

Jumping Frog Sports Camp

3 - 5 years, Pre-Kindergarten

Sports are not just for big kids! Come learn a variety of games from soccer, basketball, baseball, tennis and even four square. Learn how to cooperate and work as a team while at the same time developing gross and fine motor skills. Campers will take home a sports related craft daily. (snacks & drink provided)

Woodstock Park	9 a.m. to 12 p.m.
July 6 - 10	\$85 Class # 15236
July 13 - 17	\$85 Class # 15237
July 20 - 24	\$85 Class # 15242

Exploring Art Camp

4 - 5 years, Pre-Kindergarten

This camp allows your child to work with a variety of different mediums while developing his/her own creativity and developing his/her fine motor skills.

All art projects are age appropriate and they may come home a little dirty, so please have them wear play clothes. There will be an Art Show on the last day of camp.



Tuesday & Thursday	\$210
Leydecker Center	Class #15233
July 7 - July 30	9:00 a.m. to 12 p.m.

Simple Science

4 - 5 years, Pre-Kindergarten

Hands-on science experiments for your child. Let them develop their inquiring mind. This class will also help enhance his/her creative thinking and power of observation, as well as learning that science can be fun.



Mon - Fri	\$55 per person
Woodstock Park	Class # 15234
July 6 - 10	1:30 p.m. to 3 p.m.

Tot Chef

4 - 5 years, Pre-Kindergarten

Learn basic math, science and social skills through the world of Tot Chef. Children will learn the proper use and safety skills needed for working in the kitchen. A cookbook will go home at the end of the week with the recipes they made that week. This class is not recommended for children with severe food allergies. \$5 due to the instructor on the first day to cover the cost of food

Mon - Fri	\$55 per person	Woodstock Park
July 13 - 17	1:30 p.m. to 3 p.m.	Class # 15235
July 20 - 24	1:30 p.m. to 3 p.m.	Class # 15289

TOTS - SUMMER PROGRAMS & PLAY GROUP




Ages 5-14

Rock climbing, laser tag, basketball, karaoke, soccer, cheerleading, Legos®, arts & crafts and more!

Weekday camps in the summer • Day camps during school holidays
Kids Night Out on select Saturdays

Classes Available Year-Round

Visit bladiumalameda.com for schedules.



Lil' Kickers

Ages 18 months - 9 years
Child development and soccer fundamentals



Skills Institute

Ages 5 - 12
Player development



West Ham United International Academy

Ages 7 - 17
Elite player development



Youth Soccer Leagues & Tournaments

U8 - U19
Recreational and competitive indoor and outdoor leagues



Lil' Sluggers

Ages 2 - 7
Fundamental baseball skills development

BLADIUM
SPORTS & FITNESS CLUB

800 West Tower Ave. Alameda
510-814-4999
bladiumalameda.com

Tenderfoot Camp

4 - Pre-Kindergarten

A beginning camp experience for children, 4-5 years old (pre-kindergarten). Activities include camp crafts, storytelling, games, songs, and special activities. Please bring a bag lunch to camp daily.

Lower Washington Park (by the tennis courts)	9:30 a.m. to 12:30 p.m.	
July 27-31	\$85	Class # 15238
August 3-7	\$85	Class # 15239
August 10-14	\$85	Class # 15243

Pre-Kindergarten Readiness

Child must be entering Kindergarten in Fall 2015

The class is designed to help the pre-school student, about to enter Kindergarten, who is still struggling with his/her letters and numbers. They will learn songs, stories, and rhymes all to help their phonetic awareness. Other activities include arts and crafts, motor fitness, and outdoor games.

Monday, Wednesday, Friday	\$315
Leydecker Center	Class #15231
June 22 - July 31 (No Class July 3)	9:00 a.m. to 12 p.m.

PLAY GROUP

Alameda Wee Play

Ages 6 month - 3 years

Come and experience Alameda's play center for infants and toddlers ages 6 months to 3 years! Activities include developmental and exploratory play, music time, and coloring. Activities are minimally structured which allows children to enjoy and explore on their own terms. Children must be accompanied and supervised, by a parent or caregiver, at all times.

Mon, Wed & Fri*	10:00 a.m. - 1:00 p.m.
Cost: \$6 Drop-in per day per child	or \$60 Drop-in Card for 12 visits
Location: Alameda Veteran's Memorial Building, 2203 Central Avenue	
*Closed on May 25, September 7	
Volunteer to set-up or clean-up, certain number per day, and receive free entrance for that day!	



TINY TOTS & SMALL FRY

The Alameda Recreation and Parks Preschool offers a recreation, play-based program for children ages 3 to 5 years old (pre-kindergarten). Activities include storytelling, games, arts and crafts, cooking, music, motor fitness and free play.

REQUIRED:

- Children must be the correct age on the first day of class
- Children must be completely potty-trained and able to attend to their own personal needs to the best of their ability. Children must also be able to separate from their parents.
- **PROOF OF AGE IS REQUIRED AT TIME OF REGISTRATION - NO EXCEPTIONS**

Fall 2015 Session

Sept 14 - Dec 11 (12 WEEKS), No classes Nov. 11 and 23-27

Fall registration began in June with a lottery registration. Open registration will be taken until the end of October, or until a class is full. Classes that do not meet the minimum number of students a week before the class is to begin may be cancelled.

FALL 2015 FEES	
Mon, Wed & Fri	Full Payment \$632
	Two Payments \$331 each
	1st due on enrolling, 2nd due 9/15/15
Tues & Thurs	Full Payment \$422
	Two Payments \$226 each
	1st due on enrolling, 2nd due 9/15/15
Mon - Friday (5 days)	Full Payment \$1,054
	Two Payments \$557 each
	1st due on enrolling, 2nd due 9/15/15

Day	Time	Location	Class #
SMALL FRY CLASSES (3 to 3 yrs, 11 mos.)			
Mon, Wed & Fri	9:00am - 12:00pm	Godfrey, Bay Farm Is.	15154
Tues & Thurs	9:00am - 12:00pm	Godfrey, Bay Farm Is.	15155
Mon, Wed & Fri	9:00am - 12:00pm	Littlejohn Park	15156
Tues & Thurs	9:00am - 12:00pm	Littlejohn Park	15157
Tues & Thurs	9:00am - 12:00pm	McKinley Park	15158
Tues & Thurs	9:00am - 12:00pm	Washington Park	15159
TINY TOT CLASSES (4 to 5 years)			
Tues & Thurs	9:00am - 12:00pm	Leydecker, Bay Farm Is.	15161
Mon, Wed & Fri	9:00am - 12:00pm	Leydecker, Bay Farm Is.	15160
Mon, Wed & Fri	9:00am - 12:00pm	McKinley Park	15162
Mon, Wed & Fri	12:00pm - 3:00pm	McKinley Park*	15166
Mon, Wed & Fri	9:00am - 12:00pm	Washington Park	15167
Mon, Wed & Fri	9:00am - 12:00pm	Woodstock Park	15163
Tues & Thurs: Bilingual	9:00am - 12:00pm	Woodstock Park	15165
*We need a minimum of 10 students to open this class			



Fall 2015

Lottery Registration And Policy

The Fall program lottery provides everyone an opportunity to participate in our popular program. Forms are available at ARPD or on our website. Online registration is not available for Small Frys and Tiny Tots classes.

Lottery is June 3, 2015 to June 25, 2015

Mail, email or drop off the following:

- Completed registration form (all fields must be completed)
- Payment by check (made to ARPD); Visa, Master Card or Discover. DO NOT SEND CASH
- Child's proof of age (required for new and returning students)

Alameda Recreation and Park Department
2226 Santa Clara Avenue, Alameda, CA 94501

Faxes are not accepted. ARPD is not responsible for lost or misdirected mail or email. Incomplete registrations will delay processing. A receipt confirming your child's enrollment will be mailed to you no later than July 10, 2015.

PROCESSING DATES:

- All forms will be processed starting Monday, June 29, 2015.
- We are not responsible for any forms lost in the mail.
- Any forms received early before June 3th will be processed on Monday, July 6, 2015.
- Open registration begins Monday, July 6, 2015 for any remaining spaces.

If you have any questions, please contact Adele Hope at (510) 747-7553 or ahope@alamedaca.gov

SUMMER DAY CAMPS

Registration starts Mon, March 23

Camp fills quickly - sign up soon!

You may request to be grouped with one other camper per session (only one allowed). We will make every effort to accommodate requests. Include the friend's name and be sure that he/she is registered for the same camp session. All requests made after the initial registration, will be charged a \$15 service fee.

Hidden Cove Day Camp

Ages 5 - 7 (Completed Kindergarten or 1st Grade)

Explore and enjoy the exciting adventures of the outdoors with hiking, camp skills, cooking, nature crafts, out of town field trip on Friday. The week is highlighted by the Thursday Night Family Camp Program.

Parents/Guardians are responsible for transportation. The sign in/out is required and is located in the lawn area across from the parking lot at the Otis/Westline entrance to Robert Crown Memorial State Beach Park. A letter with instructions will be sent to you and must be presented to gain access to the parking lot. Only campers registered in the WOW Extended Care program, at Godfrey or Washington Parks, will be transported to and from camp daily, except Thursday evenings.

Mon, Tues, Wed and Fri		9:00 a.m. - 3:00 p.m.	
and Thurs		10:00 a.m. - 6:30 p.m.	
Class #	Session #	Date	Cost (R / NR)
15182	1	June 22 - 26	\$152 / \$167
15183	2	June 29 - July 3	\$152 / \$167
15184	3	July 6 - 10	\$152 / \$167



Trails End

Ages 7 - 11 (Completed 2nd - 5th Grades)

Redwood Regional Park in the Oakland Hills provides the natural setting for the outdoor fun of archery, hiking, camp skills, nature crafts and cooking. The week is highlighted by the Thursday Night Family Camp Program. A field trip takes place each Friday. Campers are bussed to and from camp daily, except Thursday evenings.

Mon, Tues, Wed and Fri		8:30 a.m. - 4:30 p.m.	
and Thurs		9:30 a.m. - 7:00 p.m.	
Class#	Session #	Date	Cost (R / NR)
15192	1	July 13-17	\$168 / \$185
15193	2	July 20-24	\$168 / \$185
15194	3	July 27-31	\$168 / \$185
15195	4	August 3-7	\$168 / \$185

Bus Pick-up and Drop-off points for Trails End campers are at the following parks: Franklin, Godfrey, Krusi, Lincoln, Longfellow, McKinley, Tillman and Washington*.*

WOW Extended Care site - requires additional registration fee

Trailblazers

Ages 8 - 11 (Completed 3rd - 5th Grades)

This three-day adventure will include hiking, camp skills, cookouts, archery, swimming; an overnight and just plain fun in the untamed outdoors of Redwood Regional Park in the Oakland Hills. Campers need to bring a bag lunch on Monday and Tuesday; Tuesday dinner, as well as, Wednesday breakfast and lunch will be provided. Campers are bussed to and from Camp from Franklin and Lincoln Park.

Monday		8:30 a.m. to 5:30 p.m.	
Tuesday		8:30 a.m. and overnight until	
Wednesday		5:30 p.m. return to Alameda	
Class#	Session #	Date	Cost (R / NR)
15191	1	Aug 10-12	\$168 / \$185



World of Wonder (WOW)

Ages 5 – 11 (Completed Kindergarten-Fourth grade)

It is "Always Sunny in Alameda" this summer at ARPD. The World of Wonder (WOW) program has been the favorite way for kids to spend their summer vacation and for parents to be assured of the security of a supervised recreational care program. All activities are geared toward a weekly theme. The "Isle of Style" as some locals refer to Alameda, provides many opportunities for fun and exploration in the summer months. Alameda favorites, activities that are uniquely Alameda and Movement are the overall themes this summer. Activities include the following: cooking, crafts, games, drama, nature, swimming, walking excursions, and much, much more!

*Participants will have opportunity to partake in a fishing program led by East Bay Regional Park District. More details will be available at the sites. The Recreational free-swim will be available on Fridays for \$5.

Summer Sessions		
Godfrey Park	June 17 – August 21	7:15 a.m. – 5:30 p.m.
Washington Park	June 17 – August 14	7:15 a.m. – 5:30 p.m.
Weekly Session Fees:		
Mon. – Fri.	\$179 Resident / \$197 Non-Resident	
Reduced Fee Session (6/17-6/19)	\$122 Resident / \$134 Non-Resident	

World of Wonder (WOW)

Extended Care Program

Ages 5 – 11 (Completed Kindergarten-Fourth grade)

Those families participating in specialty classes and sports programs can take advantage of a special program by registering for the additional classes and WOW extended care. The WOW extended care program is designed to allow participants to sign up for special classes, sports camps, and Day Camp. Participants will be transported back and forth from their respective WOW sites and additional program(s). Cost vary depending on the additional program's time frame. The different WOW sites service different programs that are located closer to their site. (See list below) Participants must be at WOW Site 30 minutes prior to start of the additional program. See above for WOW start and end times.

Day Camp		
Hidden Cove Week 1, 2 & 3	Godfrey or Washington	\$70
Trails End Week 1, 2, 3 & 4	Godfrey or Washington	\$60
Special Interest Classes & Sports*	Godfrey	\$120
*Bricks 4 Kidz, Sci-Fi Art Camp (Red. Rate \$75), Cooking Round the World (Red. Rate \$50), Mad Science Classes, Freshi Design Media Classes, Sensational Workshops, National Academy Lacrosse, UK Soccer Camp, Skyhawks Tennis		
Special Interest Classes & Sports*	Washington	\$120
*Lego Classes, Mad Science Classes, ARPD All Sports Adventure Camp, National Academy Basketball Camp (Red. Rate \$75), National Academy All Sorts of Sports (Red. Rate \$75), Richter's Skate Camp, Skyhawks Cheerleading Camp, Skyhawks Flag Football, Skyhawks Flag Rugby, Skyhawks Girls Only Sports Camp, Kidz Love Soccer Camp & ARPD VB Match Volleyball Camp (June 22-24 \$150)		

Summer Weekly Themes

"It's Always Sunny in Alameda"

June 17 -19	Welcome to the Island City – the "Isle of Style": Meet your neighbor!
June 22 - 26	Neptune Beach Playland
June 29 – July 3	Salute to the Military "Games"
July 6 – 10	Ode to the Victorian "Culture"
July 13 – 17	Wheels, Water, & Hole in One "Contests"!
July 20 – 24	Tree Covered "Nature" Streets
July 27 – 31	Alameda Theater presents....
Aug. 3 – 7	Play BALL!
August 10 -14	Homes, Beaches & Playground Fun
August 17 – 21	Island Sunsets & Farewells



Summer Youth Field Trips

Youth Ages 5 – 11 (Completed Kindergarten – Grade 4)

These optional field trips are geared for participants to learn, move, and have fun! Snacks are included, and lunch where noted, otherwise bring a bag lunch.

Fees: WOW Participant Fee / Non-WOW Participant Fee		
Jun 24	Lindsay Wildlife Museum (Live Animals, Wildlife Habitats) & Encore Gymnastics (Trampoline, Rock Climbing, More) (Concord)	\$40/\$50
July 1	Boomers – Bumper Boats, Laser Tag & More (Livermore)	\$35/\$45 w/lunch
July 8	Adventure Playground & Eco Program (Berkeley)	\$25/\$35
July 15	Golden Tee Miniature Golf & Golden Skate (San Ramon)	\$40/\$50
July 17	Island Splash Bash (Pool Party)	\$5/\$10 w/lunch
July 22	Little Hills Outdoor Exploration (San Ramon)	\$40/\$50 w/lunch
July 29	Children's Creativity Museum & Yerba Buena Gardens (SF)	\$30/\$40
Aug 5	Oakland Athletics Game vs. (Oakland)	\$25/\$35 w/lunch
Aug 12	Aqua Adventures (Fremont)	\$30/\$40 w/lunch
Aug 19	Lake Anza Picnic Fun (Berkeley)	\$20/\$30 w/lunch

COOKING CAMP

Cooking Round the World

Ages 6 - 13

Cooking Round the World camp is the juncture where culinary arts and education meet. We present new understandings about cultures and traditions around the world using food as the conduit to get there. Each camp day we "visit" a new country, cook and eat 5-7 different dishes, present a slide show, read a folktale, play a game show, teach some language acquisition, and sometimes hear international music or learn a dance. In the afternoon, campers play a version of "Chopped." The program is completely hands-on; everyone peels or chops or dices or minces. We believe in cooking with whole foods and doing the prep work ourselves. The outcome is an appreciation of food and cultural differences. Educational, fun...and delicious! Cost includes a hot lunch and afternoon snack, an apron, and recipes emailed home each week. We are a nut free program. There is a \$150 materials fee due to the Instructor on the first day.



NEW

10:30 a.m. – 5:00 p.m.	Lincoln Park: Lodge and Harrison Center	
\$300 per week + \$150 materials fee due to Instructor on first day		
Week 1	June 22 – 26	Class # 15244
Week 2	June 29 – July 3	Class # 15245
Week 3	July 6 – July 10	Class# 15246
Week 4	July 13 – July 17	Class # 15247
Week 5	July 20 – July 24	Class # 15248
Week 6	July 27 – July 31	Class # 15249
Week 7	August 3 – August 7	Class# 15250
Week 8	August 10 – August 14	Class # 15251

PLAY-WELL TEKNOLOGIES

LEGO® Camps

Pre-Engineering using LEGO®

Ages 5 - 6

Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes, and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor.

June 22 - June 26	9:00 a.m. - 12:00 p.m.	Veteran's Rm 120
Fee: \$225	Class# 15252	

Bash 'Em Bots using LEGO®

Ages 7 - 12

Have you ever wanted to learn how to make a massive LEGO® machine? Our Play-Well Engineering instructors guide students in this advanced Play-Well engineering course, as they re-engineer standard LEGO® vehicles into mechanized machines that can traverse challenging obstacles, battle against fellow bots, and take on Play-Well Instructors' colossal creations.

June 22 - June 26	1:00 p.m. - 4:00 p.m.	Veteran's Rm 120
Fee: \$225	Class# 15253	

Mine, Craft, Build: Adventure Game using LEGO®

Ages 5 - 6

Bring Minecraft to life using LEGO®! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This LEGO experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Students will have a blast, even without any prior experience with Minecraft or LEGO®.

July 6 - July 10	9:00 a.m. - 12:00 p.m.	Veteran's Rm 120
Fee: \$225	Class# 15254	

Mine, Craft, Build: Survival Game using LEGO®

Ages 7 - 12

Bring Minecraft to life using LEGO®! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO® Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game. Students will have a blast, even without any prior experience with Minecraft or LEGO®.



July 6 - July 10	1:00 p.m. - 4:00p.m.	Veteran's Rm 120
Fee: \$225	Class# 15255	

Robotics using LEGO® WeDo

Ages 6 - 8

Build and program robots in this introductory Robotics class using the LEGO® WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors.

July 20 - July 24	9:00 a.m. - 12:00 p.m.	Veteran's Rm 120
Fee: \$300	Class# 15256	

Robotics using LEGO® Mindstorms NXT Ages 9 - 14

Build and program robots using the LEGO® Mindstorms NXT system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students work in an open-ended, investigative environment while having fun.

July 20 - July 24	1:00 p.m. - 4:00 p.m.	Veteran's Rm 120
Fee: \$300	Class# 15257	

Jedi Engineering using LEGO® Ages 5 - 6

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining LEGO X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets.

August 3 - August 7	9:00 a.m. - 12:00 p.m.	Veteran's Rm 120
Fee: \$225	Class# 15258	

Jedi Master Engineering using LEGO® Ages 7 - 12

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering.

August 3 - August 7	1:00 p.m. - 4:00 p.m.	Veteran's Rm 120
Fee: \$225	Class# 15259	



BRICKS 4 KIDZ CAMPS

**We Learn, We Build,
We Play With LEGO® Bricks**



Bricks 4 Kidz - Superhero Adventures Ages 5 - 12

Join Bricks 4 Kidz for a week long Super Hero Adventure of building and playing with LEGO® bricks. Explore all the caped crusaders and discover their super powers. Campers will create their own super hero persona and join in teams to protect the world and strive for a safe and harmonious future. Imagine a fantasy world and protect it with custom contraptions made with LEGO® bricks. Daily projects include motorized LEGO® builds, arts, crafts and more. All campers will create a custom mini-figure and mini-model to take home!

Instructor: Oona Gilles-Weil

June 22 - June 26	1:00 p.m. - 4:00 p.m.	Lincoln Park Lodge
Fee: \$195 + \$20 materials fee due to Instructor on first day	Class# 15273	



Bricks 4 Kidz - Space Adventures Ages 5 - 12

Inspired by NASA and Star Wars™, our Space Adventures Camp is packed full of models that will make your imagination blast off! Each day, campers will learn about real-life space exploration and build models related to the NASA space program. In addition, the day includes LEGO® and Star Wars™ themed models, outdoor games, team-challenges and more. Bricks 4 Kids Space Adventure Camp provides the spark for imagination and creativity to take off on an adventure that's out of this world! Daily projects include motorized LEGO® builds, arts, crafts and more. All campers will create a custom mini-figure and mini-model to take home!

Instructor: Oona Gilles-Weil

June 29 - July 2	1:00 p.m. - 4:00 p.m.	Lincoln Park Lodge
Fee: \$195 + \$20 materials fee due to Instructor on first day	Class# 15272	

MAD SCIENCE CAMPS

Crazy Chemistry

Ages 6 - 10

We'll explore and create exciting chemical reactions, make colorful concoctions and bubbling brews. Amaze yourself with magical temperature changing baggie science or growing ghost crystals. Chemists bring home a project each day.

August 3 - 7	9:00 a.m. - 12:00 p.m.	Leydecker Center
Fee: \$225		Class# 15275

Eureka! The Inventors' Academy

Ages 7 - 11

Inventing means curiosity, practicality, necessity, cooperating and dreaming! Join us as we take students on a historical journey with a hands-on approach learning about some of the world's greatest inventors. There is a \$15 lab fee due to the Instructor on the first day.

August 3 - 7	1:00 p.m. - 4:00 p.m.	Leydecker Center
Fee: \$225 + 15 lab fee due to the Instructor on first day		Class# 15276

The Incredible Human Machine

Ages 7 - 11

Children will have fun while learning about the scientific equipment they already own - the human body! Kids will explore the science behind cells, organs, muscles and bones through fun, hands-on activities.

August 10 - 14	9:00 a.m. - 12:00 p.m.	Leydecker Center
Fee: \$225	Class# 15277	

World Scientists

Ages 6 - 10

World Scientists will conduct solar experiments, explore predator and prey relationships and investigate food webs. Discover systems in nature, even make your own paper! Learn animal adaptations and create an insect habitat.

August 10 - 14	1:00 p.m. - 4:00 p.m.	Leydecker Center
Fee: \$225		Class# 15278



SCIENSATIONAL CAMPS

Sciensational campers who sign-up for both morning and afternoon classes in the same week will have a supervised lunch at no additional cost. Bring your own lunch.

Make it And Take it Home

Ages 6 - 11

Discover how amazing science is in this hands-on, fun and exciting program! Campers make and take home a wide assortment of toys designed to teach science concepts in a hands-on way. Grow and take home a crystal tree; make an energy bead bracelet; build a working electric motor; make your own sharpie pen t-shirt and learn some cool chemistry; make bubbling blobs and explore the properties of a density tube; make silly putty, glowing goo, and green flubber. Campers will even get to make ice cream in our own, different, Sciensational way! Campers need to supply 100% cotton shirt.

June 22 - 26	9:00 a.m. - 12:00 p.m.	Leydecker Center
Fee: \$222	Class# 15284	

Magnetic Levitation for Future Transportation

Ages 7 - 12

Campers will build their own "futuristic maglev" car to race and take home! In 1999 a Japanese five-car maglev train set a record of 345 miles/hour. Yours won't go that fast, but we will have fun building it and learning how it operates. Learn about the relationship between magnetism and electricity. You will also build a simple maglev track, as well as a cool electromagnet. You'll learn how motors and generators work; build and take home the world's simplest motor; make your own compass and take part in other magnificent, magnetic activities!

June 22 - 26	12:45 p.m. - 3:45 p.m.	Leydecker Center
Fee: \$222	Class# 15285	

Follow Me Robot

Ages 7 - 12

How would you like to build a robot that has four built-in microphones and detects the sound source, and moves accordingly? Make it move the way you want it to! It's your own robot to build and take home. Learn about the different gears and sensors as you build it. Campers will also get to build other robots while working in groups. Use what you've built to sumo wrestle, and in obstacle course events. See everything happening as you build. That's the Sciensational way!

June 29 - July 3	9:00 a.m. - 12:00 p.m.	Leydecker Center
Fee: \$222	Class# 15287	

For more information and the latest updates, see www.alamedaca.gov/recreation

Electronic Lab Workshop - 30 Electronic Gadgets

Ages 7 - 12

Build and keep 30 different projects and experiments with your own electronic kit in this hands-on workshop. The Science Electronics Lab will stimulate kids' minds by using easy to understand experiments to increase their knowledge of electronics. Science project ideas will come alive as they build with electronic circuits. Have fun designing your own projects once you've built all 30. Kids can proceed at their own pace. Participants will be grouped by age.

June 29 - July 3	12:45 p.m. - 3:45 p.m.	Leydecker Center
Fee: \$222	Class# 15288	

MAMA MIA Summer Camp

Ages 5 - 14

Become a 'Triple Threat'! Learn how to sing, dance and act - like a professional! Camp is run like a summer stock program, and is a great introduction into musical theater and is a concentrated training. Performance is a mini-version of 'Mamma Mia' on July 3 at 2:00pm at Dance 10. Students encouraged to wear dance clothes/clothing they can easily move in. No dresses or Jeans. Please bring lunch. Jazz or Ballet shoes encouraged. Fee includes costume and prop.

Instructor: Pamm Drake & Staff

June 29 - July 3	11:00 a.m. - 3:00 p.m.	Dance/10
Fee: \$250 (includes costume and prop)	Class# 15293	

DANCE 10 CAMPS

Ballerina & Princess Camp

Ages 3 - 6

Has your child ever dreamed of being a princess or a ballerina? Have your child experience their dream in one of our camps designed for preschoolers. Princess campers will dance, sing and act like a different Disney Princess each day. Family and friends are invited to attend the "Princess Ball" on the last day of camp. Each day will include an arts and crafts project. Please bring a lunch if attending 2 sessions in a day. Students should wear leotard and ballet skirt with tights & ballet shoes. Purchasing these items before the first day is recommended. Available for purchase at Dance 10.

Instructor: Pamm Drake & Staff



June 22 - 26	Fee: \$180	Dance/10
Ballerina Camp	9:30 a.m. - 11:30 a.m.	Class# 15290
Princess Camp	12:00 p.m. - 2:00 p.m.	Class# 15291

Legally Blonde Summer Camp

Ages 8 - 18

Become a "Triple Threat"! Learn how to sing, dance and act - like a professional! You will be instructed on tips for auditioning, performance techniques, stage and theater etiquette, hair, makeup, costumes, sets, and lighting. Learn the history of musical theater. Camp is run like a summer stock program, and is a great introduction to musical theater and is a concentrated training. Performance is a mini-version of "Legally Blonde" on June 20 at 7:00pm at Dance 10. No dresses or Jeans. Please bring lunch. Jazz or Ballet shoes encouraged. Fee includes costume and prop. Instructor: Pamm Drake & Staff

June 15 - 19	9:00 a.m. - 3:00 p.m.	Dance/10
Fee: \$365 (includes costume and prop)	Class# 15292	

DIY ART CAMPS

Sci-Fi Art Camp

Ages 6 - 12

Send your child's imagination into the stratosphere! We'll use recycled materials to make rockets, aliens, and planetary wonders. Please pack a lunch. Enter through side gate. Juice and Cheese reception follows on Sat., June 27.

Instructor: Ms. Jo Anne & Ms. Mimsy



June 22 - June 26	9:00 a.m. - 3:00 p.m.	
Redux Studios & Gallery	Fee: \$328	Class# 15294

Superheroes & Villains Camp

Ages 6 - 12

Our kids are getting superpowers! We'll make costumes and comics with recycled materials, then enact action-packed scenes. Please pack a lunch. Enter through side gate. Juice and cheese reception on Sat., July 25.

Instructor: Ms. Jo Anne & Ms. Mimsy

July 20 - July 24	9:00 a.m. - 3:00 p.m.	
Redux Studios & Gallery	Fee: \$328	Class# 15295

Monster Art Camp

Ages 6 - 12

Calling all monsters! Students create their own monster puppets, sculptures, and masks out of recycled materials. Please pack a lunch. Enter through side gate. Juice and cheese reception on Sat., August 22.

Instructor: Ms. Jo Anne & Ms. Mimsy



August 17 - August 21	9:00 a.m. - 3:00 p.m.	
Redux Studios & Gallery	Fee: \$303	Class# 15296

RUBY'S TUMBLING

Gymnastic, Creative Dance and Capoeira Workshop Camp

Ages 4 - 9

Workshop Camp is a balance of force that gives you power, flexibility, endurance, and self-discovery. It's designed to be fun and challenging, while allowing students to learn at their own pace. Students learn a variety of gymnastics in the first hour, including backward rolls, cartwheels, handstands and more! During the second hour, kids learn the latest dance moves, dance terms, and techniques through tap, ballet, jazz, and creative movement. Students learn Capoeira in the last hour; a Brazilian art form and self-defense with strong aerobic, music and dance elements. Please wear loose fitting clothing, and bring water and snack each day. Instructor: Ruby Gama & Staff



Workshop Camp 1	July 20 - 24	12:30 p.m. - 3:30 p.m.
Ruby's Tumbling	Fee: \$178, \$138 for sibling	Class# 15305
Workshop Camp 2	July 27 - 31	12:30 p.m. - 3:30 p.m.
Ruby's Tumbling	Fee: \$178, \$138 for sibling	Class# 15306

ALAMEDA BALLET ACADEMY

Little Ballerina

Ages 5 - 6

This level is for beginning students as well as those who have already been in a dance program. In addition to a daily dance class, children learn about and watch a different famous classical ballet each week. They explore their own creativity through exercise in movement concepts. Students also learn valuable lessons about anatomy, nutrition, dance history and vocabulary. Every child goes home with their own Ballet Camp Scrapbook they have created. Please email ABA at admin@alamedaballet.com for information on what your child needs to bring to camp (put ARPD in the subject line).



Alameda Ballet Academy		
9:00 a.m. - 12:00 p.m.*	Fee: \$180 per week session	
Week 1: Sleeping Beauty	June 29-July 3	Class# 15307
Week 2: Cinderella	July 6-10	Class#15308
Week 3: La Fille Mal Gardee	July 13-17	Class#15309
Week 4: Swan Lake	July 20-24	Class#15310
Week 5: Coppellia	July 27-31	Class# 15311
*Before and after care available through ABA (8:00 - 9:00 am and 12:00 pm - 1:00 pm).		

Beginning Ballet

Ages 7 - 11

This level is similar in structure and content to the camp for 5 - 6 year olds, but is for children whose focus, coordination, reading and writing skills are more developed. This camp includes a daily ballet class, video of a classical ballet, lessons in music, dance history, anatomy, nutrition and ballet vocabulary. Students explore their creativity with exercises in choreography and activities related to the classical ballet they are studying. Students go home with their own Ballet Camp Scrapbook they have created. Please email ABA at admin@alamedaballet.com for information on what your child needs to bring to camp (put ARPD in the subject line).

Alameda Ballet Academy		
9:00 a.m. - 12:00 p.m.	Fee: \$180 per week session	
Week 1: Sleeping Beauty	June 29-July 3	Class# 15312
Week 2: Cinderella	July 6-10	Class# 15313
Week 3: La Fille Mal Gardee	July 13-17	Class# 15314
Week 4: Swan Lake	July 20-24	Class#15315
Week 5: Coppellia	July 27-31	Class#15316
*Before and after care available through ABA (8:00 - 9:00 am and 12:00 pm - 1:00 pm)		



Youth Baseball Opportunities

The Seals Collegiate Baseball Club is excited to announce baseball opportunities for youth. The Seals are now offering camps, lessons, and baseball classes for all skill

Summer Camp Session 1

Date: June 15 - June 19

Location: Bladium Sports & Fitness Club

Summer Camp Session 2

June 22 - June 26

Location: Alameda College Baseball Field

Summer Camp Session 3

July 13 - July 17

Location: Bladium Sports & Fitness Club/ Alameda College Baseball Field

For more information visit www.sfsealsbaseball.com

Ages

6 - 14

Time

9 am - 3 pm

Extended care option

3 pm - 6 pm

Prices

- \$150/ Full Camp

- \$120/ 4 days

- \$100/ 3 days

Extended Care Price

FRESHI MEDIA CAMPS

Video Game Design for Beginners

Ages 8 – 12

Learn how to create and design an original and interactive video game! Beginning Game Developers work with a partner to conceive, design and build their own computer game.

July 6 – July 10	9:00 a.m. – 12:00 p.m.	Leydecker Center
Fee: \$198	Class# 15322	

Tech Builders – App Design for PC

Ages 8 – 12

The Freshi Media App Design class is a fun and exciting introduction for students who want to learn different aspects of computer based App Design. Students work with Instructors to create individual PC based apps.

Leydecker Center	Fee: \$198 per week session		
Week 1	July 6 – July 10	1:00 p.m. – 4:00 p.m.	Class# 15323
Week 2	July 27 – July 31	9:00 a.m. – 12:00 p.m.	Class# 15328

Animation Creators: Computer Animation

Ages 8 – 12

Young animators learn computer software techniques to create digitally animated characters and stories. In small groups, students will focus on learning introductory computer animation techniques that help with computer drawing, character creation and movement.

July 13 – July 17	9:00 a.m. – 12:00 p.m.	Leydecker Center
Fee: \$198	Class# 15324	

Filmmaking: From Script to Premiere

Ages 8 – 12

Learn the secrets of filmmaking in a fun, relaxed and engaging atmosphere! Using handheld video cameras and editing software, students produce an original film, integrating simple special effects, sound effects and a musical score.

July 13 – July 17	1:00 p.m. – 4:00 p.m.	Leydecker Center
Fee: \$198	Class# 15325	



Video Game Design: The First Steps!

Ages 5 – 7

Younger Game Developers work in pairs to conceive, design and build their own original computer game. Students will learn fun techniques like creating characters and levels and making their characters fly and bounce around the game screen!

July 20 – July 24	9:00 a.m. – 12:00 p.m.	Leydecker Center
Fee: \$198	Class# 15326	

Video Game Design: Beginning to Advanced

Ages 8 – 12

Advanced gamers learn new game design techniques including multiple character animations, movement options and platform style games. Beginners work in pairs and are introduced to fundamental game design elements, including character creation.

July 20 – July 24	1:00 p.m. – 4:00 p.m.	Leydecker Center
Fee: \$198	Class# 15327	

Animation Creators: Stop Motion Workshop

Ages 8 – 12

Work with your favorite toys to create fun and original stop motion animations! Students work together to create an original story through animation. Basic concepts such as camera angles, storyboards, scripting elements and theme will be introduced.



July 27 – July 31	1:00 p.m. – 4:00 p.m.	Leydecker Center
Fee: \$198	Class# 15329	

VIRAGO THEATRE COMPANY

Original Play Project

Ages 6 – 13

Create your own original play! Create your own character, work as a team to develop an exciting story, write the script, design your costume, make up and props. The class ends with a performance of the original work.

Instructor: Virago Theatre Company

M, Tu, W, Th	July 6 – July 23	4:30 p.m. – 6:00 p.m.
Veteran's Building 120	Class# 15337	Fee: \$183 + \$10 due to Instructor on first day

SAILING CAMPS

Alameda Community Sailing Center

Discover Sailing Camp

Ages 7 - 13

Students learn the basics of sailing - including steering, sail trim, and knot tying in this fun, educational, and interactive camp! This camp is perfect for youth with little or no sailing experience. Special ARPD rate! The first 12 campers who sign-up will receive two weeks of camp for \$500; a discount of \$100! If you're put on a session waiting list, please call ARPD at 510-747-7529 for availability (the session and discount may still be available!). Cost is \$600 after first 12 campers are enrolled.

NEW

Encinal Boat Ramp	9:00 a.m. - 4:00 p.m.	
Fee: \$600	\$500 for first 12 campers who enroll	
Mon - Fri	2 week sessions	
Session 1	June 15 - June 26	Class# 15515
Session 2	July 13 - July 24	Class# 15516
Session 3	July 27 - Aug 7	Class# 15517
Session 4	Aug 10 - Aug 21	Class# 15518

Teen Sailing Camp

Ages 13 - 18

Sailors pair with another student while sailing, promoting teamwork and communication. Students learn the fundamentals of sailing; steering, sail trim and knot tying. Open to all skill levels. The first 12 campers who sign-up will receive two weeks of camp for \$500, a discount of \$100! If you're put on a session waiting list, please call ARPD at 510-747-7529 for availability (the session and discount may still be available!). Cost is \$600 after first 12 campers are enrolled.

NEW

Encinal Boat Ramp	9:00 a.m. - 4:00 p.m.	
Fee: \$600	\$500 for first 12 campers who enroll	
Mon - Fri	2 week sessions	
Session 1	June 29 - July 10	Class# 15519
Session 2	July 13 - July 24	Class# 15520
Session 3	July 27 - Aug 7	Class# 15521
Session 4	Aug 10 - Aug 21	Class# 15522



SPORTS CAMPS

Skyhawks Special Needs Multi-Sport Camp

Ages 6 - 12

The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun! Through appropriate games and activities, participants learn sport specific skills in addition to vital life lessons including respect, responsibility, leadership, teamwork and sportsmanship. Participants leave camp with new friends, new skills and a new love for sports. Our patient and knowledgeable staff are trained to handle the specific needs of these young athletes. All participants receive a t-shirt, sports ball and merit award. Participant-to-coach ration is 6:1

NEW

Toby Chavez Field at Lower Washington Park		
June 15-19	1:00 p.m. - 3:00 p.m.	\$149 per session
Ages 6 - 8	Class# 15422	
Ages 9 - 12	Class# 15423	

Jordan Richter's Skate Camp

Ages 6-12

Alameda Recreation and Park Department is now offering weeklong summer skate camps in partnership with the Jordan Richter Skateboarding Academy! Perfect for the younger skater, our half-day skate camps teach basic and advanced techniques of skateboarding, including proper balance, pushing, carving, Ollie's, and how to safely navigate the skate park. We keep each day fun and exciting with games, DIY workshops and contests. Your child will get a boost in self-confidence as he/she overcomes each day's challenges on the board!

Please Note: Helmet, elbow pads, and kneepads are required. A quality skateboard purchased from a specialty skateboard shop is highly recommended.



City View Skate Park (Alameda Point) 1177 West Redline Ave.	
9:00 a.m. - 12:00 p.m.	\$149 per session
Session	Class #
June 22 - June 26	15353
July 6 - July 10	15354
July 13 - July 17	15355
July 20 - July 24	15356
Aug 3 - Aug 7	15357
Aug 10 - Aug 14	15358

VB Match Volleyball Camp

Ages 7 - 13

ARPD and VB match have partnered to offer the Youth Volleyball Camp. The camp will provide fundamental skill instruction coupled with drills to help reinforce the new skills learned. At the end of the week students will progress to playing simulated games. For more information please visit vbmatch.com

10:00 a.m. - 1:00 p.m.	Alameda Point Gym
*\$108: 3 day camp	**\$180: 5 day camp
June 22 - 24*	Class # 15390
July 13 - 17**	Class # 15391 GIRLS ONLY!
August 10 - 14**	Class # 15394

Skyhawks Girls Only All Sport

Ages 6 - 12

No boys allowed!!! We combine softball, soccer, basketball and volleyball into one fun-filled week, allowing young female athletes to discover and develop a passion for a variety of sports in one setting. Participants will learn the essential rules, strategies and skills of each sport, along with vital life lessons such as teamwork and sportsmanship. Program is instructed by Skyhawks highly trained local female coaches. All participants receive a t-shirt, ball and a merit award. Participant-to-coach ratio is 10:1



Toby Chavez Field at Lower Washington Park		
July 6-10	9:00 a.m. - 12:00 p.m.	\$149 per session
Ages 6 - 8	Class# 15417	
Ages 9 - 12	Class# 15418	

All Sports Adventure Camp

Entering 1st - 3rd grades

Learning sports at a young age is key to the self confidence that leads to a lifetime of physical activity. The ARPD All Sports camp gives children an introduction to soccer, basketball, volleyball and other fun activities. Our enthusiastic and experienced staff guides this multi-sport camp to provide a safe and fun environment.

July 6-10	9:00 a.m. - 12:00 p.m.	Class# 15370
Fee \$125	St. Joseph's Gym / Rittler Park	



Uk International Soccer Camp

Ages 4 - 15

UK Internationals objective is to create the optimal environment in our community in which children can learn and develop under the guidance of their "Ultimate Soccer Educators." Coaches, primarily from Great Britain, are selected not only for their knowledge, but also their commitment to creating a fun, positive learning environment. All camp sessions are based on individual ball skills as well as fun games to put those skills into practice and develop teamwork.

July 13 -17		Lincoln Park	
Ages 4 - 6	9:00 a.m. - 10:30 a.m.	\$110	Class# 15372
Ages 6 - 15	9:00 a.m. - 12:00 p.m.	\$175	Class# 15373

National Academy Of Athletics Lacrosse Camp

Ages 7-13

Our Run, Pass & Shoot Lacrosse camp was developed to help beginners through advanced players improve their skill sets with exceptional instruction in all aspects of the game. We start from square one and focus on being fundamentally sound and technically correct. Great for kids ages 7-9 and 10-13, this program will build each individual player from the ground up so that they walk away from the camp feeling more confident, knowing they have a strong foundation for future success.



July 13 - 17	9:00 a.m. - 12:00 p.m.
\$139 per session	Harrington Field
Ages 7- 9	Class# 15381
Ages 10-13	Class# 15382

Skyhawks Cheerleading

Ages 6 - 10

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! This entry-level cheer program ensures that each camper learns cheers, proper hand and body movements, and jumping techniques. There is no stunting-just a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The week concludes with a choreographed performance. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen. All participants receive pom-poms, a t-shirt, and a merit award. The participant-to-coach ratio is approximately 10:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.



July 13 - 17	9:00 a.m. - 12:00 p.m.	\$149
Toby Chavez Field at Lower Washington Park		Class# 15361

Skyhawks Flag Football Camp

Ages 5 - 12

Skyhawks Flag Football is the perfect introduction to "America's Game" or a great refresher those who want to brush up on their skills preparing for league play. Through our "skill of the day" exercises, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning - all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! All participants receive a t-shirt, football, and player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

Toby Chavez Field at Lower Washington Park		
July 13 - 17	9:00 a.m. - 12:00 p.m.	\$149 per session
Ages 6 - 8	Class# 15363	
Ages 9 - 12	Class# 15364	

Kidz Love Soccer

Ages 4.5 - 10

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Please bring Shin Guards and a water bottle. All participants receive a soccer ball and KLS jersey.

KLS class status hotline (888) 372-5803

June 22 - June 26	\$150 per session	Upper Washington Park
Level 1 (4.5-6yrs)	9:00 - 12:30pm	Class# 15366
Level 2 (7-8yrs)	9:00 - 12:30pm	Class# 15367
Level 3 (9-10yrs)	9:00 - 12:30pm	Class# 15368

National Academy Of Athletics Basketball Camp

Ages 7-13

If you like basketball then you will love our HOOP IT UP Camps! Whether you are a beginner or advanced player, the drills taught at this camp will help you improve your game. Come work on all the fundamentals of your game; footwork, passing, ball-handling and defense. Fun challenges, games and daily competitions in a positive and energetic environment. Sign-up early, because every year this camp is a slam dunk! No Extended Care for this session.

Alameda Point Gym		
June 15 - 19	9:00 a.m. - 3:00 p.m.	\$189 per session
Ages 7-9	Class# 15375	
Ages 10-13	Class# 15376	
July 20 - 24	9:00 a.m. - 3:00 p.m.	\$189 per session
Ages 7-9	Class# 15377	
Ages 10-13	Class# 15378	

Skyhawks Flag Rugby Camp

Ages 6-12

Skyhawks Flag Rugby is a fun and safe introduction to one of the fastest growing youth sports in the world. Participants learn the fundamentals of passing, catching, kicking, ball handling and defense along with the rules, strategies and play-calls of the game. The week ends with the Skyhawks World Cup where campers can show-off their new skills with their new friends. All participants receive a t-shirt and player evaluation certificate. Participant-to-coach ratio is 12:1

Toby Chavez Field at Lower Washington Park		
July 27-31	9:00 a.m. - 12:00 p.m.	\$149 per session
Ages 6 - 8	Class# 15419	
Ages 9 - 12	Class# 15420	

National Academy Of Athletics All Sorts Of Sports

Ages 7 - 13

A great way to introduce your youngsters to the world of sports, teamwork and athletics! This camp will help to build your child's motor control, hand-eye coordination, agility and many other sports related skills. Your child will have a blast playing games with the other children including: T-ball, basketball, soccer, flag football, capture the flag, relay & obstacle races and a whole lot more. This camp will feature different activities so that by the end of the week your child will be familiar with a variety of athletic activities!

Alameda Point Gym and Multi - Purpose Field		
August 3 - August 7	9:00 a.m. - 3:00 p.m.	\$189 per session
Ages 7-9	Class# 15384	
Ages 10-13	Class# 15385	



**MORE YOUTH PROGRAMS
CONTINUED ON
PAGE 27**

FACILITY & PARK RENTALS

ARPD Main Office

2226 Santa Clara Ave., 747-PLAY, ARPD@alamedaca.gov

Park & Facility Issues Line

To report an issue in a park or facility 747-7542

Albert H. DeWitt O'Club

641 West Redline Ave., Alameda Point

A beautiful, historic facility available for parties, weddings, special events and family functions. The facility features wood paneling, crystal chandeliers, and a parquet dance floor. The O'Club is an ideal venue for wedding receptions, banquets, social gathering and conferences. Rental fee includes room set-up, janitorial service and staff supervision. Seats up to 250 people.

Resident Private Rental Fees (4 hour minimum)

Main Dining Room (250 max)	\$180/hour
Trident Room (120 max)	\$150/hour
Terrace Room (90 max)	\$120/hour
Squadron Room (50 max)	\$60/hour
Security deposit applies to all rentals	\$500
Other fees may apply	



Recreation Centers at Bayport, Leydecker & Lincoln Parks

Recreation Centers are available to individuals and organizations and are ideal for private parties, birthdays, showers, dinners and other social functions. Seats up to 110 people.

Resident Private Rental Fee (2 hour min)	\$90/hour
Security deposit	\$300
Additional fee structure and other fees may apply.	

Picnic Areas and Athletic Fields

These are available to individuals and organizations. Alcohol is not permitted.

Picnic tables available at the following parks: Franklin, Godfrey, Krusi, Leydecker, Lincoln, Littlejohn, Shoreline, Tillman and Washington. Picnic areas may be reserved from 9:00am – 8:00pm.

Resident Private Rental Fee (3 hour min)	\$30-80/hour depending on number of tables
Other fees may apply	

Meyers House and Garden

2021 Alameda Ave.

Owned and operated
by Alameda Museum

Alameda's first and only House Museum and a beautiful space for wedding and small receptions. The Alameda Historical Museum sponsors a house tour the 2nd and 4th Saturday of each month, from 1 – 4 p.m.. Admission is \$5 per person and all proceeds are put back into the House and Gardens.



**For all facilities,
reservations may be made in person
at the Recreation Office,
2226 Santa Clara Ave.
or requested by emailing
ARPD@alamedaca.gov.**

A minimum advanced notice
of seven working days is required.
Facilities available on holiday weekends,
subject to 15% additional fee.

ADDITIONAL FACILITIES AVAILABLE TO THE PUBLIC

Encinal and Grand Street Boat Ramps

ARPD maintains two free public boat launching ramps. Both Boat Ramps include a launching ramp, restrooms, and automobile and trailer parking. The Grand Street Boat Ramp also includes a fishing pier and fish cleaning facilities.

Bill Osborne Model Airplane Field

Free flying lessons are held from 8:30am – 11:30am Sundays by appointment only, weather permitting. Equipment provided by Aer-o-nuts. For more info, visit www.aero-manics.com. Fees are not required for flying model airplanes but proof of personal liability insurance is required.

FACILITIES & PARKS

**ENJOY
ALL THAT THE
CITY OF
ALAMEDA
HAS TO
OFFER!**



ARPD Main Office

2226 Santa Clara Ave.

747-PLAY

ARP@alamedaca.gov

www.alamedaca.gov/recreation

Online registration:

www.arpdeplay.com

www.facebook.com/playARPD

Park and facility issues

- after hours 747-7542

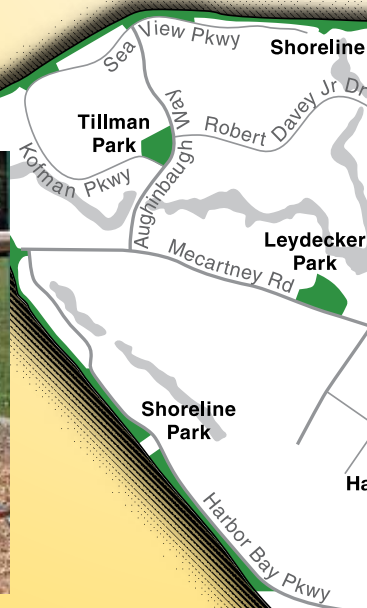
Field Condition Hotline

- after 2pm 747-7540



CLASS LOCATIONS

Alameda Ballet Academy	(510) 337-1929 1402 Park Street
Alameda High School	2201 Encinal Ave.
Dance/10 Performing Arts Center	(510) 522-5678 900 Santa Clara Avenue
Encinal High School	210 Central Ave.
Ruby's Tumbling	(510) 337-0846 2333 Clement Avenue
Twin Towers Church	(510) 522-6744 1411 Oak Street



FACILITY & PARK LOCATIONS

Alameda Point Gym & Multi-purpose Field	1101 West Redline Ave.	747-PLAY
Bayport Park	301 Jack London Ave.	263-1428
City View Skate Park (Alameda Point)	1177 West Redline Ave.	
Chuck Corica Golf Complex	1 Clubhouse Memorial Dr.	747-7800
Dog Park (Robert Crown Memorial Beach)	next to Washington Park Tennis Courts	
Emma Hood Swim Center	2256 Alameda Ave.	522-8107
Encinal Boat Ramp	Central Ave. behind Encinal High	
Encinal Swim Center	230 Central Ave.	522-4590
Estuary Park	200 Mosley Ave	
Franklin Park	1432 San Antonio Ave.	522-3132
Godfrey Park	281 Beach Rd.	521-1551
Grand Street Boat Ramp	North End of Grand St.	
Harrington Field	3400 Oleander Ave.	
Jackson Park	2430 Encinal Ave.	
Jean Sweeney Open Space Park	1925 Sherman St.	
Krusi Park	900 Mound St.	522-4341
Leydecker Park	3225 Mecartney Rd.	521-1266
Lincoln Park/Harrison Center	1450 High St.	523-6222
Littlejohn Park	1401 Pacific Ave.	523-1510
Longfellow Park	520 Lincoln Ave.	522-5262
Main Street Dog Park	Main St. & Navy Wy.	
Main Street Linear Park	Main St.	
Main Street Soccer Field	Main St. & Appezzato Pkwy.	
Marina Cove Waterfront Park	1591 Clement Ave.	
Mastick Senior Center	1155 Santa Clara Ave.	747-7500
McKinley Park	2165 Buena Vista Ave.	522-6161
Neptune Park	2301 Webster St.	
O'Club	641 West Redline Ave.	747-PLAY
Bill Osborne Model Airplane Field	Doolittle Dr. at Harbor Bay Parkway	
Rittler Park	1400 Otis Dr.	
Shoreline Park	2801 Seaview Parkway	
Tillman Park	220 Aughinbaugh Wy.	521-8307
Towata Park	3315 Bridgeway Isle	
Underground Teen Center	Veteran's Building, Rm 170	748-9466
Veteran's Memorial Building	2203 Central Ave.	864-4017
Washington Park	740 Central Ave.	521-0162
Woodstock Park	351 Cypress St.	521-0656



ALL AGES - KAYAKING

KAYAKING

All minors need to be accompanied by a parent or guardian. No experience is necessary; however some courses provide more instruction than others. Upon registering, please email Instructor at stackedadventures@gmail.com for information specific to your class.

Kayaking For Fitness

Ages 12 - Adults

Start your week off right with a low impact aerobic workout via kayak while touring the local scenery. Each month, visit a new location exploring local wildlife, history, and scenic beauty. Instructor: Joe Stack

Monday	9:30 a.m. - 11:00 a.m.	Fee: \$38 per class
June 1 (Towata Park)		Class# 15342
July 6 (Encinal Boat Ramp)		Class# 15343
August 3 (Grand St. Boat Ramp)		Class# 15344

Family Kayaking

Ages 5 & up (accompanied by a paid parent)

Join us for a special kayak tour of Bay Farm Island that is perfect for the "little ones". Kayak in calm shallow waters using very stable kayaks with a stop at the playground.

Class will meet at the beach just beyond the playground at the cross streets of Beaufort Harbor Landing and Coleport Landing (on the lagoon in the residential area of Bay Farm Island). Instructor: Joe Stack

Fee: \$73 for 1 adult & 2 children, or 2 adults & 1 child		
Friday, July 17	3:30 p.m. - 5:00 p.m.	Class# 15338
Friday, July 17	5:30 p.m. - 7:00 p.m.	Class# 15339
Sunday, August 9	3:30 p.m. - 5:00 p.m.	Class# 15340
Sunday, August 9	5:30 p.m. - 7:00 p.m.	Class# 15341

Kayak & Dine

Ages 12 & Up

Spend your afternoon touring the local water ways with a break for lunch at one of the many waterfront restaurants in the area. Enjoy the sea breeze, sunshine, & local cuisines. Each month a new location. Instructor: Joe Stack

11:30 a.m. - 2:30 p.m.	Fee: \$63	Grand St. Boat Ramp
July 12 (Quinn's Lighthouse)	Sunday	Class# 15346
August 22 (Brotzeit Lokal)	Saturday	Class# 15347

Kayak ECO Tours

Ages 12 - Adults

Join us for a relaxing paddle while we take in the scenery. Expect to see the backdrop of the city under a pink skyline or twilight shimmering off the water... an experience you will not forget! Instructor: Joe Stack

June 12: Sunset Paddle	7:00 p.m. - 9:30 p.m.	
Grand St. Boat Ramp	Fee: \$68 (1 class)	Class #15348
July 31: Full Moon Paddle	7:30 p.m. - 10:00 p.m.	
Grand St. Boat Ramp	Fee: \$68 (1 class)	Class# 15349

Kayaking for Boomers

Ages 40 & up

You set the pace of instruction and practice while we provide emphasis on ease, safety, and comfort. We will cover different types of equipment, paddle techniques, on land transportation, rescues, and more! For ages 40 and up.

Instructor: Joe Stack

Monday, June 29	9:30 a.m. - 12:30 p.m.	
Encinal Boat Ramp	Fee: \$63 (1 class)	Class# 15351
Friday, August 28	9:30 a.m. - 12:30 p.m.	
Grand St. Boat Ramp	Fee: \$63 (1 class)	Class #15352

YOUTH PARK PROGRAMS

Parks & Playground Program

2015 Summer, Grades K - 5 • FREE drop-in

activities These programs are the perfect opportunity for your child to participate in fun, safe, and cooperative activities where they can be creative, develop skills and make friends in an outdoor setting. Activities include arts and crafts, cooking, drama, games, nature and special events. A nominal fee may be charged to directly cover activity supply costs. Weekly activity calendars are available upon request. Free Park League Baseball will again be offered this summer. For more details see Park League Baseball on page 27. **Parks & Playgrounds Program is not a childcare service! Parents: leave your child alone at the park at your own risk.**

Park sites include	Bayport, Franklin, Lincoln, Tillman, & Washington
Monday - Friday	12:00 p.m. - 5:00 p.m.

Recreation Afterschool Program (RAP)

2015 - 2016 Registration

Registration Lottery Period: July 1 - 15, 2015

In an effort to provide excellent customer service and to give everyone an opportunity to participate in our very popular program, ARPD will conduct a LOTTERY for potential RAP participants for school year 2015 - 2016. ALL NEW AND RETURNING PARTICIPANTS may fax, e-mail, mail, or drop off a completed registration form with payment to ARPD's main office only between Wednesday, July 1 through Wednesday, July 15. Incomplete registration forms will not be processed. Incomplete payment will delay the processing. Lottery draw will take place July 16-17. Registrations drawn will be processed and mailed out by the end of July. *Please note that our main office is closed on Fridays, so plan accordingly. Further information, including fees, will be available at RAP sites and on the ARPD website after Memorial Day!

ENRICHMENT

East Bay Regional Park District Fishing Classes - Catch of the Day!

Ages 5 +

Join us at Crab Cove in Alameda for a fun, inspiring day of fishing! Learn about types of fish in SF Bay and proper use of gear. Then, try your luck at catching local species including bat rays and leopard sharks. This class is for City of Alameda residents only. Participants ages 16 + need a fishing license. Registration is required. Call EBRPD at (510) 544-2554 to register.



Saturday	July 25 & August 8
9:00 a.m. - 12:00 p.m.	Fee: \$5.00 per class

Kayaking

Ages 5 & up - See page 26

Taiko Drumming

Ages 10 & up - See page 35



FITNESS

Kids Gymnastics with Ruby

Ages 12 month - 3 Years

Ruby's Tumbling is a family owned business for more than 20 years. This will be a fun classroom setting for youngsters designed to teach them the early stages of balance, coordination, flexibility and strength. Watch them gain confidence with every step. Instructor: Ruby Gama

12 mos to 23 month (Parent Participation)	
Thursday	Jun. 18, 25, Jul. 9, 16, 23, 30
9:15 a.m. - 10:00 a.m.	Class#15303
Fee: \$88, \$78 for sibling (6 classes)	Ruby's Tumbling
24 mos to 3 Years (Parent Participation)	
Thursday	Jun. 18, 25, Jul. 2, 9, 16, 23
10:15 a.m - 11:00 a.m	Class#15304
Fee: \$88, \$78 for sibling (6 classes)	Ruby's Tumbling

SPORTS

Summer Park Baseball

Grades K - 5th

The Alameda Recreation and Park Department is proud to team up with the Alameda Elk's Lodge #1015 to present our FREE Summer Park Baseball Program. A non-competitive baseball program for girls and boys who will complete kindergarten to 5th grades as of Summer 2015. All grade levels will have practices and game play. The focus of this program is on leadership, integrity, confidence, team work, learning the game of baseball, and most importantly having a good time! Each participant receives a vintage style t-shirt representing his/her park team. Teams will be forming at Bayport, Franklin, Lincoln, Tillman, and Washington Parks.

June 23rd - August 6th	Free of Charge	
Tuesday practices	Game days to be determined	
Location	Grade K - 2	Grade 3 - 5
Bayport	Class # 15533	Class # 15538
Franklin	Class # 15534	Class # 15539
Lincoln	Class # 15535	Class # 15540
Tillman	Class # 15536	Class # 15541
Washington	Class # 15537	Class # 15542

Kidz Love Soccer

Ages 2 - 10

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Please bring Shin Guards and a water bottle. All participants receive a soccer ball and KLS jersey. KLS class status hotline (888) 372-5803



Wednesdays	Upper Washington Park	
July 1 - August 19	\$110 per session	
Soccer 1 (5-6yrs)	3:45 - 4:30pm	Class# 15497
Soccer Skillz & Scrimmages (7-10yrs)	4:30 - 5:15pm	Class# 15499
Tot/Pre-Soccer (3.5-5yrs)	5:15 - 5:50pm	Class# 15495
Mommy/Daddy & Me Soccer (2-3.5yrs)	6:00 - 6:30am	Class# 15502
Saturdays	Upper Washington Park	
July 11 - August 29	\$110 per session	
Tot-Soccer (3.5-4yrs)	9:15 - 9:45am	Class# 15494
Pre-Soccer (4-5yrs)	9:45 - 10:20am	Class# 15496
Soccer 1 (5-6yrs)	10:20 - 11:05am	Class# 15498
Mommy/Daddy & Me Soccer (2-3.5yrs)	11:15 - 11:45am	Class# 15501

TEEN/TWEEN - SUMMER CAMPS

SUMMER CAMPS

Tween Summer Adventures

Completed Grade 5 - 8

Monday through Friday from 7:30 a.m. to 5:30 p.m.
(trip times will vary)

The 2015 "Tween" Summer Adventure program is almost HERE!! Our week long sessions are packed with fun, engaging, and educational activities. Each week of this affordable and well-supervised program includes 2 AWESOME trips, plus local walking excursions, arts and crafts, sports, outdoor physical games, special events and much more. The Underground Teen Center will be utilized for some activities each week. Your tween will make new friends, learn different skills, have fun, and leave with amazing memories.

- Registration is available per week (no single days allowed).
- Full payment is required at time of registration and due prior to start of each week.
- Participants should bring a bag lunch daily, except when notified differently.
- Trip times are subject to change. Pick-up and drop-off for all trips takes place at the Underground Teen Center (2203 Central Avenue at Walnut Street).
- On non-trip days, pick-up and drop-off takes place at McKinley Park (2165 Buena Vista Avenue at Walnut Street).
- Parents must indicate:
 1. whether their tween must remain with a leader on the trips, or if he/she has permission to stay with a buddy and check-in with leaders at designated times; and,
 2. whether or not their tween may sign-in & sign-out each day.
- New this summer: Enroll early and take advantage of the Early Bird Rate! If you enroll by June 1 you will receive \$20 off of the regular rate for the week session. *Please see early bird and regular rates below.
- Withdrawal Fee: \$40
- Late pick-ups: \$1 per minute; payable that day

Week 1	June 22 - June 26	Class # 15525
Early Bird Rate (until June 1)		\$205 Res / \$225 Non-Res
Regular Rate (after June 1)		\$225 Res / \$245 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Berkeley Iron Works**	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Six Flags Discovery Kingdom	9:00 a.m. - 8:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 2	June 29 - July 3	Class # 15526
Early Bird Rate (until June 1)		\$245 Res / \$265 Non-Res
Regular Rate (after June 1)		\$245 Res / \$265 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	House of Air/ GG Bridge Walk**	8:00 a.m. - 5:30 p.m.
Wed.	McKinley Park & Movie	7:30 a.m. - 5:30 p.m.
Thurs.	Sea Trek Kayaking, Sausalito**	7:00 a.m. - 5:30 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 3	July 6 - July 10	Class # 15527
Early Bird Rate (until June 1)		\$235 Res / \$255 Non-Res
Regular Rate (after June 1)		\$255 Res / \$275 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Trapeze Arts, Oakland**	8:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Horseback Riding, Daly City**	8:00 a.m. - 5:30 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 4	July 13 - July 17	Class # 15528
Early Bird Rate (until June 1)		\$185 Res / \$205 Non-Res
Regular Rate (after June 1)		\$205 Res / \$225 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Lake Del Valle (Livermore)	Leave at 9:00 a.m.
Wed.	Lake Del Valle (Livermore)	Stay overnight
Thurs.	Lake Del Valle (Livermore)	Return at 4:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 5	July 20 - July 24	Class # 15529
Early Bird Rate (until June 1)		\$190 Res / \$210 Non-Res
Regular Rate (after June 1)		\$210 Res / \$230 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Santa Cruz Beach Boardwalk	8:00 a.m. - 8:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Oakland A's Game	9:00 a.m. - 5:30 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 6	July 27 - July 31	Class # 15530
Early Bird Rate (until June 1)		\$265 Res / \$285 Non-Res
Regular Rate (after June 1)		\$285 Res / \$305 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Levi Stadium/ 49ers Museum Tour	7:30 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	White Water Rafting, Coloma**	6:30 a.m. - 8:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 7	August 3 - August 7	Class # 15531
Early Bird Rate (until June 1)		\$210 Res / \$230 Non-Res
Regular Rate (after June 1)		\$230 Res / \$250 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Exploratorium/Pier 39 SF	8:30 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Water World Park, Concord	9:00 a.m. - 7:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

SUMMER CAMPS & PROGRAMS - TWEEEN/TEEN

Week 8	August 10 - August 14	Class # 15532
Early Bird Rate (until June 1)		\$230 Res / \$250 Non-Res
Regular Rate (after June 1)		\$250 Res / \$270 Non-Res
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Paintball, Santa Clara**	8:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Great America, Santa Clara	9:00 a.m. - 8:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

***Trips require an additional Release of Liability form from our vendors.*

**Visit ARPD or our website for more information;
all details subject to change.**

Summer Day Trips Completed Grades 5 - 11

Join ARPD for an exciting and affordable Summer Day Trip! With a wide variety of trips, we've got something for everybody! Join your friends, or make new ones. Trips are for students entering middle school through high school.

- Register soon, space is extremely limited!
- Pick-up and drop-off is at the Underground Teen Center (2203 Central Avenue at Walnut Street).
- If you have questions, please call (510) 747-7529.
- See Tween Summer Adventures section for trip times.
- Trip times are subject to change.
- A \$25 fee is assessed to withdraw your tween/teen from the trips.
- Withdrawal Fee: \$25
- Late pick-ups: \$1 per minute; payable that day.

Date	Trip	Cost
June 23	Berkeley Iron Works**	\$60 Res / \$70 Non-Res
June 25	Six Flags Discovery Kingdom	\$55 Res / \$65 Non-Res
June 30	House of Air/GG Bridge**	\$75 Res / \$85 Non-Res
July 2	Sea Trek Kayaking, Sausalito**	\$80 Res / \$90 Non-Res
July 7	Trapeze Arts, Oakland**	\$65 Res / \$75 Non-Res
July 9	Horseback Riding, Daly City**	\$85 Res / \$95 Non-Res
July 14-16	Lake Del Valle, Livermore Overnight Camping	\$130 Res / \$150 Non-Res
July 21	Santa Cruz Beach Boardwalk	\$65 Res / \$75 Non-Res
July 23	Oakland A's vs. Toronto Blue Jays Game	\$40 Res / \$50 Non-Res
July 28	Levi Stadium/ 49er Museum Tour	\$60 Res / \$70 Non-Res
July 30	White Water Rafting, Coloma**	\$120 Res / \$130 Non-Res
August 4	Exploratorium & Pier 39, SF	\$60 Res / \$70 Non-Res
August 6	Water World Concord	\$60 Res / \$70 Non-Res
August 11	Paintball, Santa Clara**	\$75 Res / \$85 Non-Res
August 13	Great America Santa Clara	\$65 Res / \$75 Non-Res

***Trips require an additional Release of Liability form from our vendors.*

**Visit ARPD or our website for more information;
all details subject to change.**



ENRICHMENT

Driver Education Internet Study Course

Ages 15-18

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so, this class is for you. This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion. This class is a requirement for teens under 18 years old to obtain a learner's permit and driver's license. A licensed instructor is available to answer any questions. Sign up any time and take the online course at a time convenient for your schedule.

Fee: \$48

Class# 15513

Babysitter's Training

Ages 11 - 15

Learn the basics of being a responsible babysitter and be certified through the American Red Cross. Class includes basic care of infants and toddlers from feeding to changing. Teens learn age-appropriate activities, first-aid awareness, how to prevent accidents, and how to handle emergencies. The Child/Infant CPR section will train the babysitter to act in emergency situations, to recognize and care for life-threatening respiratory or cardiac emergencies in infants and children.

Upon completion and satisfactory passing an exam at the end of the course, each participant will receive: 1) American Red Cross Babysitter's Training Card and 2) Child/Infant CPR card. This popular class is limited to 15 students, so sign-up early!

July 15 and 16 (must attend both days)

10:00 a.m. - 5:00 p.m.

McKinley Park

\$130 / \$150 after June 12, 2015

Class# 15512

Kayaking

Ages 5 & up - See page 26

Taiko Drumming

Ages 10 & up - See page 35



TEEN/TWEEN - SUMMER PROGRAMS

SUMMER PROGRAMS

The Underground

Drop-In • Grades 6 – 12

The Underground Teen Center provides a safe place for tweens and teens to have fun, socialize with friends, and participate in active, fun and enriching activities with adult supervision. The UTC has a big screen TV, pool table, video games, ping pong/shuffleboard, board games, music, and a snack bar. There is no charge to visit The Underground; however, some activities may require a small materials fee. Participants need to register at the center and must sign-in and sign-out on a daily basis.

Open Monday through Friday	12:00 p.m. – 5:00 p.m.
For all incoming 6th-12th graders in Alameda	
Veteran's Memorial Building, 2203 Central Ave., downstairs in Room 170	

Summer Teen Volunteer Program

Grades 7 – 12

This program is for youth who are interested in volunteering in a variety of Alameda Recreation and Park Dept. youth programs during the summer. New to this summer's program, Teens will have an opportunity to apply to volunteer to assist in the T-Shirt Baseball League! All volunteers will participate in Operation Green Sweep at least once during the summer. The program is a great opportunity to gain job experience and satisfy school community service requirements. Applicants must complete a volunteer application form and return it to the Recreation and Park Department, 2226 Santa Clara Ave. Applicants will be contacted for an interview. Interviews do not guarantee acceptance into the program. Upon selection, volunteers must attend a training session. Registrations and/or interviews less than one week prior OR after training session dates will not be accepted. Limit 24 students per training session.

Thursday	May 28, 2015
4:00 - 5:30 p.m.	Class# 15072
\$45 (includes t-shirt)	Veterans Memorial Building, Rm. 390



WE WANT YOU!

AYC is currently recruiting members for the 2015-2016 school year!
We're also seeking motivated youth leaders to participate in the newly established AYC Executive Board.
Board members will play an integral role in decision making and leadership within AYC.



Alameda Youth Committee

Grades 6 – 12

Get involved with planning activities for teens: dances, excursions, training, community issues, fundraising and beyond! We are seeking serious and responsible teens who would like to get hands-on experience with leadership and event planning. Your creativity, past experience, social ability, and community spirit are needed to assist the Alameda Recreation and Park Department. A commitment is required and community hours will be earned when you participate with AYC. Applications are available at The Underground Teen Center, at ARPD and on the website. Interviews will be conducted prior to acceptance into the Committee.

1st & 3rd Wednesdays	4:00 p.m. – 5:00 p.m.
Veteran's Memorial Building, 2203 Central Avenue, Room 390	

Operation Green Sweep

Grades 6 – 12

Green Sweep is looking for teens who want to earn community service hours by helping to maintain our city parks and community centers. Teens will meet ARPD Teen Staff at the Veteran's Memorial Building on scheduled days to work on various park projects. Duties include but are not limited to park clean-up, light trash removal, weeding, etc. Equipment will be provided to participants for different projects. Transportation will be provided to and from the parks. Registrations will be taken until program is full. Program will be held weather-permitting. End of summer celebration for those who meet designated minimum volunteer hours.

Monday & Wednesday	June 29 – August 5	10:00 a.m. - 2:00 p.m.
Class #15514	\$45 (includes t-shirt)	
Veteran's Memorial Building, 2203 Central Avenue		

TENNIS COURTS

Locations

Krusi Tennis Courts	Otis Dr. & High St
Fairfield Tennis Courts	740 Central Ave at 8th St. Lower Washington Park
Leydecker Tennis Courts	3225 Mecartney Road Bay Farm Island

ADULT TENNIS LESSONS

Monday Morning Lessons

Ages 18 & Up

Now is the time to make those changes to your strokes that will raise your game a notch. Each class includes instructor tips, drills, strategy and tactics.

Fairfield Tennis Courts		
Monday	\$100 per session	\$20 drop in
June 15 - July 20	9:00 a.m. - 10 a.m.	Class #15408
July 27 - August 31	9:00 a.m. - 10 a.m.	Class #15409

Evening Lessons

Ages 18 & Up

Our beginner tennis program is great for adults who want to learn the fundamentals of tennis. Intermediate tennis is designed for those who understand the basics of the game but are looking to improve their skills.

Fairfield Tennis Courts		
Tuesday and Thursday	\$100 per session	\$20 drop in
Beginners	6:30 p.m. - 7:30 p.m.	
Intermediate	7:30 p.m. - 8:30 p.m.	
6 classes	Beginner	Intermediate
June 16 - July 2	Class #15411	Class #15414
July 7 - July 23	Class #15412	Class #15415
July 28 - August 13	Class #15413	Class #15416



YOUTH TENNIS LESSONS

Skyhawks Tennis

Ages 5 - 14

Skyhawks tennis focuses on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis an exciting game to play. Due to limited court space, these programs fill quickly. Go to www.skyhawks.com for more detailed information and sample schedules. All participants receive a t-shirt and player evaluation. The participant-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, a lunch and snack (for programs over four hours) or two snacks (for programs four hours or less), a water bottle, running shoes, and sunscreen.

Krusi Park Tennis Courts	9:00 a.m. - 12:00 p.m.	\$149 per session
	6-8 yrs.	9-14 yrs.
July 20 - 24	Class# 15395	Class# 15396
August 10 - 14	Class# 15397	Class# 15398

10 and Under Tennis

Ages 5 - 10

This class is designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions, and modified scoring, all tailored to age and size.

Krusi Tennis Courts		
Saturdays	\$100 per session	\$20 drop in
June 27 - Aug 8 (no class July 4)		
7 - 8 year old	9:00 a.m. - 10:00 a.m.	Class# 15401
9 - 10 year old	10:00 a.m. - 11:00 a.m.	Class# 15402
5 - 6 year old (Mommy/Daddy & Me)	11:00 a.m. - 12:00 p.m.	Class# 15403
August 15 - September 19		
7 - 8 year old	9:00 a.m. - 10:00 a.m.	Class# 15404
9 - 10 year old	10:00 a.m. - 11:00 a.m.	Class# 15405
5 - 6 year old (Mommy/Daddy & Me)	11:00 a.m. - 12:00 p.m.	Class# 15406

Private and Semi Private Lessons

Ages 6 and Up

Alameda Recreation and Park Department tennis instructors are available for private and semi-private instruction year round. Time and location of the lessons are flexible and arranged upon request. Our instructors are experienced tennis teachers, many of whom are certified professionals. Call (510) 747-PLAY for scheduling.

Private Instruction:			
1 hour lesson	\$45	4 one-hour lessons	\$180
Semi Private (Must have partner)			
1 hour lesson	\$60*	4 one-hour lessons	\$240*
* price listed is for two participants			

AQUATICS

The Summer Aquatics Program consists of youth and adult swim lessons, private lessons, lap swim, tiny tot swim, and public recreational swim.

Emma Hood Swim Center	Encinal Swim Center
2256 Alameda Avenue at Oak St. (510) 522-8107	230 Central Avenue at 3rd St. (510) 522-4590

Recreational Swim

This is an open swim program designed for recreational swimmers of all ages and abilities. Children under 7 and those under 50 inches tall must be accompanied in the water by someone who possesses a level 4 swim card and/or is 13 years of age. Participants over 18 years of age can have two children in the water simultaneously. Children under 7 may not be left unattended at any time. Drop in cards available at the ARPD office and both swim centers. Please note that swim hours may be reduced due to low attendance or poor weather.

Encinal Swim Center	June 26 – August 16 (closed July 4)
Fridays, Saturdays and Sundays	1:30 p.m. – 4:00 p.m.
Youth (17 and under) or Senior (50+)	\$3 resident \$4 non-resident 10 visit pass \$27
Adult	\$5 resident \$6 non-resident 10 visit pass \$45



ADULT AQUATICS

Lap Swim

Swim at your own pace or use one of our sample swim workouts. Workouts for beginner through advanced levels will be available. Kick boards provided. Discount rate drop-in cards are available at the ARPD office and both swim centers. Must be at least 16 years old.

Emma Hood Swim Center	June 22 - Aug 20
Monday – Thursday	12:00 p.m. – 12:45 p.m.
Encinal Swim Center	June 22 - Aug 20
Monday – Thursday	7:15 p.m. – 8:45 p.m.
Encinal Swim Center	June 27 – August 8 (closed July 4)
Saturdays	9:30 a.m. – 10:15 a.m.

Adults (16 – 49)	\$5 resident / \$6 non-resident / 10-Visit Pass \$45
Seniors (50+)	\$3 resident / \$4 non-resident / 10-Visit Pass \$27

Adult Swim Lessons

Whether you are a first time swimmer or looking to refine your swim strokes, this is the class for you. Swimmer will receive a 10 lesson punch card at the first class. Must be at least 16 years old.

Encinal Swim Center	June 23 – Aug 21
Monday - Thursday	7:15 p.m. – 8:00 p.m.
Encinal Swim Center	June 27 – Aug 8 (closed July 4)
Saturdays	9:30 a.m. – 10:15 a.m.
\$100 for 10 classes	Class # 15424



YOUTH AQUATICS

Session Dates

Session 1	June 22 – July 9 (12 lessons)
Session 2	July 13 – July 30 (12 lessons)
Session 3	Aug 3 – Aug 20 (12 lessons)
Saturday Session	June 27 – Aug 8 (6 lessons, closed July 4)

Tiny Tot / Parent Group Swim 12 months – 4 years

A great way to get your young child familiarized with the pool and prepare them for future swim lessons. Parent or guardian at least 16 years of age must accompany each child in the pool. Swim diapers required for children who are not potty trained. Discount rate drop in cards are available at the ARPD office and both swim centers.

Emma Hood Swim Center – No Pre-registration required	
Monday – Thursday	12:00 p.m. – 12:30 p.m.
Session 1 – 3	June 22 – Aug 20
10-Visit Pass \$80	\$10 drop in for parent/guardian and child

Youth Swim Private Tutor Lessons 3 – 15 years old

Encinal Swim Center	
Monday - Thursday	\$281 resident / \$325 non-resident
2:20 p.m. – 2:50 p.m.	Session 1: Class # 13548 Session 2: Class # 13549 Session 3: Class # 13550
Saturdays	\$153 resident / \$177 non-resident
12:00 p.m. – 12:30 p.m.	Saturday Session: Class # 15470

Youth Swim Group Lessons 3 – 15 years old

All swim classes follow the American Red Cross Level system. Visit www.redcross.org for level requirements. Each student will be tested by staff and placed in classes according to Red Cross standards.

Encinal Swim Center	
Monday – Thursday	\$81 resident / \$93 non-resident
12:30 p.m. – 1:00 p.m.	Session 1: Class # 15437 Session 2: Class # 15438 Session 3: Class # 15439
3:45 p.m. – 4:15 p.m.	Session 1: Class # 15440 Session 2: Class # 15441 Session 3: Class # 15442
5:30 p.m. – 6:00 p.m.	Session 1: Class # 15442 Session 2: Class # 15444 Session 3: Class # 15445
Saturday	\$41 resident / \$47 non-resident
11:30 a.m. – 12:00 p.m.	Saturday Session: Class # 15469

Encinal Swim Center	
Monday – Thursday	\$122 resident / \$140 non-resident
11:30 a.m. – 12:15 p.m.	Session 1: Class # 15452 Session 2: Class # 15453 Session 3: Class # 15454
2:45 p.m. – 3:00 p.m.	Session 1: Class # 15455 Session 2: Class # 15456 Session 3: Class # 15457
4:30 p.m. – 5:15 p.m.	Session 1: Class # 15458 Session 2: Class # 15459 Session 3: Class # 15460
6:15 p.m. – 7:00 p.m.	Session 1: Class # 15461 Session 2: Class # 15462 Session 3: Class # 15463
Saturdays	\$61 resident / \$70 non-resident
10:30 – 11:15 a.m.	Saturday Session: Class # 15468



SPECIAL NEEDS AQUATICS

Special Needs Swim Lessons Age 6 – adult

A swim class for those with special needs. Group lessons has no more than 2 students per instructor. Instructors will work on skills based on the students' capabilities, basic skills through stroke development and lap swim.

Emma Hood Swim Center	
Monday – Thursday	\$150 resident / \$167 non-resident
12:45 p.m. – 1:30 pm	Session 1: Class # 15426 Session 2: Class # 15427 Session 3: Class # 15428

Emma Hood Swim Center	
Saturdays	\$153 resident / \$177 non-resident
12:45 p.m. – 1:15 p.m.	Saturday Session: Class # 15472

CHUCK CORICA GOLF COMPLEX

**1 Clubhouse Memorial Drive
747-7800 • www.alamedagolf.com**

A golfers destination with 45 holes of challenging, yet enjoyable golf, a staff of PGA Professionals, pro shop, night lighted driving range, teaching academy, practice areas, restaurant, lounge and 9-hole Mif Albright course. Perfect for beginners and seniors.

The Earl Fry (North) and Jack Clark (South) Courses offer two scenic and challenging championship layouts that will challenge anyone's golfing skills. Call to reserve starting times or schedule a tournament. Our staff of highly trained professionals can provide assistance in club fitting, apparel, golf equipment, club repair and lessons.

Practice Makes Perfect... Enjoy the 9-Hole Par-Three Course & Expansive Practice Range... Friends, families and fun are a big part of golf at Chuck Corica, designed for beginners or those wanting to improve their short game, the par-three 9-hole MIF Albright course is a perfect option for those looking for a quick golf fix. Or, maybe a little practice on one of California's largest driving ranges is what you need to get started or to lower those scores.

Newly Renovated Lucious Bateman Driving Range

- Upgraded mats
- 13 different targets
- Grass hitting surface coming soon
- Top quality range balls
- Custom club fitting by trained experts
- Lighted driving range
- Covered hitting stalls during inclement weather



Norma Arnerich Teaching Academy

- Private teaching stalls
- Indoor teaching center
- State of the art video equipment
- Individual and group lessons available.

Residents (without cart)	Mon. – Fri.	Sat., Sun., & Holidays
General	\$29.00	\$37.00
Senior (Age 60 & Above)	\$24.00	\$37.00
Junior (Earl Fry Mon-Fri after 12:00)	\$1.00	\$1.00 (after Twilight)
Twilight (2pm in summer & 12pm in winter)	\$24.00	\$24.00
Late Twilight (4pm in summer & 2pm in winter)	\$19.00	\$19.00
9-holes (1st 2-hours of the day)	\$19.00	\$24.00
Tournament (Cart included)	\$54.00	\$62.00
Tournament – Senior (Cart incl.)	\$37.00	\$60.00

Mif Albright Par 3 Course

Residents	\$13.00
Non-Residents	\$16.00
Seniors over 60	\$10.00
Juniors under 18 - Non-Resident	\$10.00
Alameda Juniors	\$1.00



REES JONES GOLF COURSE IMPROVEMENTS UNDERWAY

The front 9 of the South Course is closed for redesign while the back 9 is available for 18-hole play at a preferred rate.

The project includes a full redesign of tees, greens and fairways by the world-renowned architect Rees Jones, re-contouring of all holes, improved drainage, irrigation, cart paths and re-grassing. The South front nine will be followed by the closing of the South back nine sometime in the late spring to undergo the same process with all 18-holes planned for a grand reopening in 2016.

The North Course along with the recently completely renovated Par 3 and Practice Facility will remain open without interruption during the South Course Renovations.

Your ongoing support is appreciated while improvements are ongoing.

**Please visit AlamedaGolf.com
for further updates on all course renovations.**

ENRICHMENT

Meela's Indian Kitchen

Hearing Meela share her knowledge of exotic Indian cuisine will be a treat for students while preparing an Indian feast including appetizers, seafood-coconut soup, vegetable or lentil curry, chutney, coconut desert and more! \$13 supply fee due at first class. Instructor: Meela Shah

Saturday	Fee: \$56 (1 class)	Leydecker Center
July 18	10:00 a.m. – 1:30 p.m.	Class # 15505

Bradley Method of Natural Childbirth

Class teaches families natural birth. Each class has a specific topic covered in detail, along with covering nutrition, exercise, positive communication and coaching. Relaxation techniques and demonstrations also practiced. Recommended to enroll at 5 or 6 months pregnant to ensure completion. Cost includes expecting mother and spouse/coach if applicable, and workbook. Instructor: Danielle Pence

Mondays	Fee: \$475 (12 classes)	Veteran's Room 120
June 22 – Sept 14 (no class on Aug. 10)	7:00 p.m. – 9:00 p.m.	Class # 15506

Meditation

Explore meditation options for what you'd like to achieve through meditation (e.g. calm, sleep, focus, etc.) Instructor: Ken Walsh

Wednesdays	5:45 p.m. – 6:45 p.m.	Lincoln Park Lodge
June 24 – Aug 19 (no class on July 1)	Fee: \$43 (8 classes)	Class # 15507

Taiko Drumming Beginner

Ages 10 & up

An introduction to the rhythms and movement of Japanese Taiko Drumming. Learn to play simple pieces while enjoying moderate aerobic exercise. \$5 supply fee due to instructor at first class. Instructor: Kaji Yama Taiko Group

Tuesdays	Fee: \$103 (10 classes)	O'Club
Jun 23 – Aug 25	6:30 p.m. – 7:30 p.m.	Class # 15503

CALLING ALL BOOMERS!

If you are 50+, we have just the activity for you! Mastick Senior Center will be offering evening programs on Wednesdays beginning June 17, through August 26, from 5:30 p.m. to 8:30 p.m. Enjoy computer instruction and/or lab time, dancing classes, movies, classes on various topics, and MORE! A flier highlighting the various activities will be available in the Mastick Lobby in May **or visit page 39.**



Taiko Drumming Intermediate

Ages 10 & up

This class teaches more complex and physically demanding aspects of Japanese Taiko Drumming. Moderate to vigorous exercise. Various drumming styles, staging, and varieties of equipment are included. Charity performances may be an occasional option for this class. \$5 supply fee due to instructor at the first class.

Instructor: Kaji Yama Taiko Group

Tuesdays	Fee: \$103 (10 classes)	O'Club
Jun 23 – Aug 25	7:30 p.m. – 8:30 p.m.	Class# 15504

Intro to Voiceovers One-on-One

Fun, 90 minute video chat covering some of the many details of the voiceover industry. Perform a real script and receive a professional voice evaluation after class. Discover if voice acting is something you'd like to pursue! Taught by a professional voice actor from Voices for All. This is a live online class. Student must have internet access and Skype.

Fee: \$62 (1 hour class)	Class# 15510
Online class time/date to be scheduled with Instructor *	

Technique in Voiceover

Technique in Voiceover goes beyond the Introduction class, allowing students one-on-one access to a voiceover coach for a deeper dive into script reading and basic voiceover techniques. This is a live online class. Student must have internet access and Skype. Prerequisite: Introduction to Voiceovers.

Fee: \$42 (1 hour class)	Class# 15511
Online class time/date to be scheduled with Instructor *	

*After registering for an online voiceover class, please contact Shawn Smith, ARPD Recreation Specialist at sdsmith@alamedaca.gov or (510) 747-7555 for next steps.

Introduction to Square Dance

This class will introduce the basics of Square Dance, an aerobic and interactive dance form. Partner or special costume not required. Comfortable shoes recommended. Children over 10 are welcome; must be accompanied by an adult.

Wednesdays	June 24 – Aug. 19	7:00 p.m. – 9:00 p.m.
Fee: \$35 (9 classes)	Class # 15508	Leydecker Center

FITNESS

Belly Dance for Beginners

Learn basic steps, isolations and movement with finger cymbals. Stretch your body and mind while connecting to your inner goddess. Improve your self image while having fun. Great for all ages and body types.

Instructor: Danielle Pence

Thursdays	Fee: \$35 (3 classes)	Veteran's Room 250
June 25 – July 9	6:30 p.m. – 7:30 p.m.	Class# 15317
July 16 – July 30	6:30 p.m. – 7:30 p.m.	Class# 15318
August 6 – August 20	6:30 p.m. – 7:30 p.m.	Class# 15319

Golf

Learn Golf fundamentals including: golf swing, using irons and woods, and chipping and putting techniques. Clubs provided as needed. Rubber soled shoes are recommended. Enrollment is limited.

Instructor: Randy Herzberg

Fridays	Fee: \$53 (6 classes)	Godfrey Field
June 26 – July 31	8:30 a.m. – 9:30 a.m.	Class # 15320
June 26 – July 31	9:30 a.m. – 10:30 a.m.	Class # 15321

Aikido with Tom Reed

Aikido is often thought of as a soft or internal martial art. Technique, timing and efficiency, rather than strength, are emphasized in the movements.

Instructor: Tom Reed



Mon & Wed	Fee: \$53 per month	Veteran's Room 390
June 1 – June 29	7:30 p.m. - 8:30 p.m.	Class # 15483
July 1 – July 29	7:30 p.m. - 8:30 p.m.	Class # 15484
Aug. 3 – Aug. 31	7:30 p.m. - 8:30 p.m.	Class # 15485

Low Impact Cardio

Gently firm and stretch to experience an overall conditioning of the body. Suitable for those just starting an exercise program or desiring a lower paced-class.

Instructor: Toya Alexander

Tue & Thur	9:00 a.m. – 10:00 a.m.	Harrison Center
June 23 – July 23	Fee: \$63 /Seniors \$61 (10 classes)	Class # 15477
July 28 – Aug 20	Fee: \$51 /Seniors \$49 (8 classes)	Class # 15478

Yoga - Body & Mind

Combine stretching, stillness, and stamina to give your body a well-rounded yoga workout. Enhance your energy, gain flexibility, increase strength, and reduce your aches and pains. Open to all levels. Wear loose clothing and have an empty stomach.

Instructor: Toya Alexander

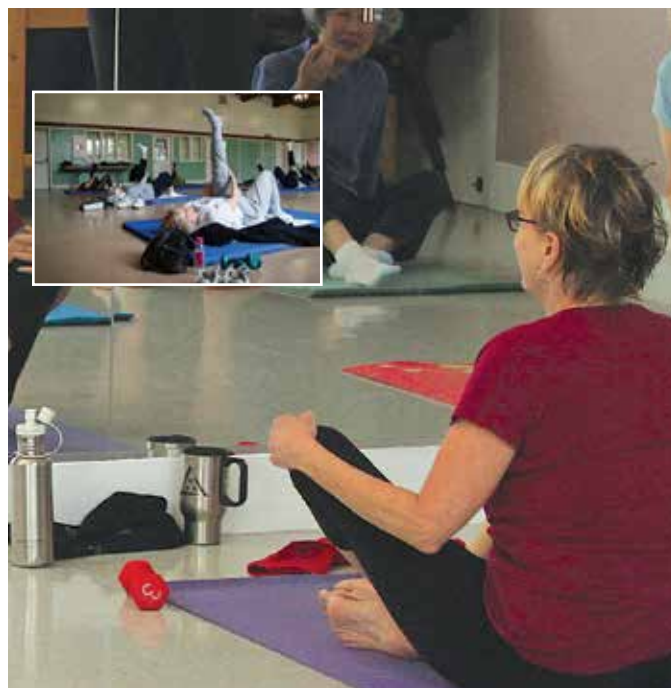
Tuesdays	Fee: \$48 (5 classes)	Harrison Center
June 23 – July 21	6:30 p.m. – 7:30 p.m.	Class# 15479
June 23 – July 21	7:40 p.m. – 8:40 p.m.	Class# 15480
Tuesdays	Fee: \$39 (4 classes)	Harrison Center
July 28 – Aug. 18	6:30 p.m. – 7:30 p.m.	Class# 15481
July 28 – Aug. 18	7:40 p.m. – 8:40 p.m.	Class# 15482

Yoga - Gentle Stretch

Start your day with a gentle yoga workout and experience the benefits of gentle stretches and poses that energize your body. Relaxation and guided meditation centers the body and mind. Suitable for all levels. Wear loose clothing and have an empty stomach.

Instructor: Toya Alexander

Mon & Wed	Fee: \$63 /Seniors \$61 (10 classes)	Harrison Center
June 22 – July 22	9:00 a.m. – 10:00 a.m.	Class # 15473
June 22 – July 22	10:15 a.m. – 11:15 a.m.	Class # 15474
Mon & Wed	Fee: \$51/ Seniors \$49 (8 classes)	Harrison Center
July 27 – Aug. 19	9:00 a.m. – 10:00 a.m.	Class # 15475
July 27 – Aug. 19	10:15 a.m. – 11:15 a.m.	Class # 15476



PICKLEBALL ANYONE?

Are you a Pickleball player, instructor or enthusiast or simply want to learn a new low-impact sport?

If so, we are dreaming up exciting new opportunities just for you! Plans for Pickleball classes, leagues and drop-in programs are in the works. Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. For more information, contact Ed Kallas at ekallas@alamedaca.gov or 747-7511.



Intro to Stand Up Paddling Mixed Level Class

Learn how to Stand Up Paddle with Instructor, Mike Wang! Mike is a certified Level 3 PaddleFit coach. He will take you through the basics of standing up, paddling forward, making turns and some basic rescue skills. The class will also take a tour of the Rock Wall, the Navy Ship Cape Mohican, and if time permits, paddle towards San Francisco Bay and get a great view of the Bay Bridge and the City! For those who have paddled before, Mike will teach some intermediate or advanced paddling skills. Board, paddle, wetsuit, leash, and floatation device provided. Participants must be able to swim. Parent/guardian must be present for waiver for participants under 18. Class will meet at Mike's Paddle office at Ballena Bay. Instructor: Mike Wang

NEW

Sundays	Fee: \$53 (1 class)	Mike's Paddle Office, Ballena Bay Marina
June 28	10:00 a.m. – 1:00 p.m.	Class#15486
July 5	10:00 a.m. – 1:00 p.m.	Class#15487
July 12	10:00 a.m. – 1:00 p.m.	Class#15493
July 19	10:00 a.m. – 1:00 p.m.	Class# 15488
July 26	10:00 a.m. – 1:00 p.m.	Class#15491
Aug. 2	10:00 a.m. – 1:00 p.m.	Class# 15489
Aug. 9	10:00 a.m. – 1:00 p.m.	Class#15490
Aug. 16	10:00 a.m. – 1:00 p.m.	Class# 15492

SPORTS

For all Adult Sports Leagues

Participants must be a minimum of 18 years old and out of high school. All team applicants are available at the ARPD website or at our office.

Softball League Summer / Fall

Coed and Men's Softball D leagues

Field Locations:	Leydecker Park, Arnerich Field at Upper Washington Park, and Toby Chavez Field at Lower Washington Park
10 game season plus playoffs	Season starts week of August 17
Men's Class # 15524	Coed Class # 15523
Monday – Friday	6:30 p.m., 7:40 p.m., and 8:50 p.m. games
Coed six team league	\$650 resident / \$700 non-resident*
Men's six team league	\$715 resident / \$765 non-resident*
*All team applications and fees due July 11	

Volleyball

ARPD partners with VBmatch.com to host volleyball leagues and tournaments for community members. The League offers a high level of competition for players who previously competed at the high school varsity level or higher. We also host single-day volleyball tournaments on weekends. Volleyball activities are fun, social and competitive. We hope to see you on the court soon!



Mondays	6:00 p.m. – 10:00 p.m.
Alameda Point Gym, 1101 West Redline Ave	
For league start dates, fees and info, please visit http://vbmatch.com	

REACH 40,000 RESIDENCES

Have You Considered Advertising in the ARPD Activity Guide?

40,000 Alameda Recreation and Park Department Activity Guides are produced three times per year and mailed to all Alameda residents. This community-oriented publication focusing on recreation and cultural activities, as well as information pertaining to city-based programs is a first-rate marketing opportunity to reach Alameda residents, businesses and beyond! Advertising space is limited and at the discretion of the ARPD.

For more information, contact (510) 747-7529.

ALAMEDA BACKYARD GROWERS

We pick fruit from your backyard trees and deliver it to the Alameda Food Bank!

Volunteers are needed to help the hungry in our community!

510-239-7425
AlamedaBackyardGrowers.org



Learn More

With unique **online courses** when and where **you** want them!



Find the course that's right for you at: www.ed2go.com/arpd

ed2go instructor-facilitated online courses are informative, fun, convenient and highly interactive. Instructors create a warm and supportive community for all learners. Most courses run for six weeks starting at \$65. Spring/Summer beginning dates are: April

15, May 20, June 17, July 15, August 19, September 16, and October 21. A class sampling is provided below.

For a complete class listing, course descriptions and to view the syllabus, visit www.ed2go.com/arpd. Open to high school students – adults.



Business

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Accounting Fundamentals II

Learn corporate accounting with a veteran instructor.

Career Ideas

Certificate in Food, Nutrition, and Health

(16 contact hours) In this certificate program, you'll gain a holistic overview of current food and nutrition issues and their impact on physical, social, emotional, and spiritual health.

Certificate in Brain Health

In this innovative certificate program, you'll gain insights into the amazing brain and learn how to support health and happiness through lifestyle choices that impact this remarkable organ.

Certificate in Healthy Aging

(10 contact hours) Gain an overview of aging, including the impact of nutrition and physical activity, changes in the healthy aging brain, and the role of sexuality in healthy aging.

Jump-Start Your Career with LinkedIn

Learn how to use LinkedIn, a free and popular job search and career development tool, and gain the power of the Internet to expand your professional network.

Computers

Advanced CSS3 and HTML 5

Learn how to use exciting new features in CSS3 and HTML5 to design animated interactive websites for desktops, laptops, and mobile devices.

Advanced MS Excel 2013

Master advanced features and functions of Microsoft Excel 2013, including analysis tools, data tables, PivotTables, and conditional formatting.

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

Creating WordPress Websites

Learn how to use WordPress, a free and popular Web design tool, to quickly and easily create attractive blogs and interactive websites.

Teaching Tools and Ongoing Education Courses Available

- Flexible
- Online



Understanding the Cloud

Learn everything you need to truly understand the cloud—including how it works, what drives it, why it's so popular, and how to make the cloud work for you.

Family & Friends

Advanced Fiction Writing

Explore advanced fiction writing techniques with a published novelist.

Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Discover Sign Language

Discover the fun of learning sign language and using your hands to communicate with Deaf people.

www.ed2go.com/arpd

Parks Hotline 510-747-7542

Call to report a maintenance issue or call on weekends to talk to ARPD Park Monitors for any park-related concern

MASTICK SENIOR CENTER



MASTICK SENIOR CENTER

1155 Santa Clara Ave, Alameda	(510) 747-7500
Customer Service	(510) 747-7506
Lunch Program	(510) 747-7503
Transportation Services	(510) 747-7513
Travel Program	(510) 747-7511
Website	www.mastickcenter.com

HOURS

Weekday Program Hours	8:30 a.m. to 4:00 p.m.
Weekday Office Hours	8:30 a.m. to 3:00 p.m.
Saturday (Bingo & Thrift Shop)	10:00 a.m. to 2:30 p.m.

STAFF

Jackie Krause Senior Services Manager	jkrause@alamedaca.gov (510) 747-7510
Ed Kallas, Recreation Services Specialist	ekallas@alamedaca.gov (510) 747-7511
Donatella Zepplin Senior Services Specialist	dzepplin@alamedaca.gov (510) 747-7513

SPRING-TIME DANCE

"Spring Into Friends!"

Bring a friend for free

Wednesday, June 10, 2015

Mastick Social Hall, 1:00 p.m. to 3:30 p.m.

\$2 per person

Enjoy dancing, socialization, and refreshments!

TRAVEL PROGRAM

Staff is available to assist you with your travel interests on Thursdays from 9:00 a.m. to 12:00 Noon or by appointment. To make an appointment, call 747-7511 or email Ed Kallas, Recreation Services Specialist at ekallas@alamedaca.gov.

Local Travel

2015 Day Trips Include:

April 14	de Young Museum: Bouquets to Art
May 5	Paddling the Russian River
June 8	Craig Smith Tour
July 20	Playland-Not-at-the-Beach & Fourth Street Berkeley
August	Mystery Trip
September 9	Phantom of the Opera at the Orpheum
Registration begins on the first Thursday of the month at 8:30 a.m.	

Long Distance Travel

Maine's Rugged Coast

July 25 – August 1 2015 (8 days)	\$2,999 double/\$4,049 single
Highlights: Boston, Boston Harbor Cruise, Bar Harbor, Acadia National Park, Freeport, Boothbay Harbor, Lobster Dinner and Kennebunkport	

National Parks of America

September 6 – 17, 2015 (12 days)	\$3,999 double/\$5,349 single
Highlights: Scottsdale, Lake Powell, Grand Canyon, Bryce Canyon, Zion, Salt Lake City, Grand Teton, Yellowstone, Old Faithful, Sheridan, Bighorn Mountains, Mount Rushmore, Crazy Horse Monument	

Panama

January 28 – Feb. 5, 2016 (9 days)	\$2,999 double/\$3,749 single (\$100 off, if booked by July 28)
Highlights: Gamboa Rainforest Resort, Ember'a Indigenous Village, Pacific Queen Panama Canal Cruise, Panama City, Miraflores Locks, Anton Valley, Playa Blanca	

Travel Presentation & Slideshow

On Wednesday, July 22 at 1:00 p.m. in the Mastick Media Room, a representative from Collette Tours will be presenting 2016 travel opportunities: Panama, Heart of the South, Italy: Tuscan and Umbrian Countryside, and MORE!

On-Line Registration Available @ Mastick!

Enrolling for Ceramics, Drawing & Painting, Fitness, Yoga, and other classes just got a lot easier with on-line registration. The fliers for these classes now have course numbers which may assist you with the registration process.

To register, visit www.arpdeplay.com and follow the dialogue boxes. Please let us know if you need help navigating the on-line system – hopefully, this will simplify the registration process for you.

SENIORS/ADULTS 50+ - EVENING HOURS

WEDNESDAY EVENING HOURS @ MASTICK SENIOR CENTER

Wednesdays • June 17 – August 26

5:30 p.m. to 8:30 p.m.

Enjoy the activities below in a relaxed environment! Use computers, play billiards or just hang out. A flier highlighting the various activities will be available in the Mastick Lobby in May. For more information, contact Ed Kallas, Recreation Service Specialist, at ekallas@alameda.ca.us

Wednesday Evening Movie Schedule

Beginning on June 17 at 6:00 p.m., enjoy watching a movie in the Media Room every Wednesday evening through August 26!

AARP Smart Driver Course

This course is designed for individuals age 50 and older. Registration and payment required prior to class. Register in the Mastick Office.

The **standard course** is offered in two, four-hour sessions over a two-day period from 5:00 p.m. to 9:00 p.m. on the following dates: June 17 & 24.

The **refresher course** is offered in one, four and a half hour session from 5:00 p.m. to 9:30 p.m. and is available to individuals that have taken the standard course within the last four years. The Refresher course is offered on July 22.

Cost: \$15 AARP members/\$20 non-members (Checks ONLY). Location: Room D

Computer and Software Workshops

In order: Windows 10; "Apps"; Free Security Programs for Devices; Why WiFi; The Cloud; Manage your Email; Skype; and Cutting the Cable Cord.

Wednesdays	6:00 p.m. – 8:00 p.m.
July 8 – August 26	\$10 per class
Instructor: Patricia Meier	Room C

Floral Design for Everyone

Harvest your garden and visit your local market to decorate your home with seasonal blooms and foliage. Learn how to make bouquets for friends and special occasions.

Wednesday	6:30 p.m.-8:00 p.m.	
June 17 – July 1	\$55*	Class #15120
Wednesday	6:30 p.m.-8:00 p.m.	
July 22 – August 5	\$55*	Class #15121
*\$40 supply fee due to teacher first class.		
Instructor: Susan Bell, Professional Florist & Wedding Specialist		Skill Center

Line Dance – Beginning

Wednesday	6:00 p.m.-7:30 p.m.	Location: Social Hall
June 17 – August 26	\$3 per person per class	



Pickleball – Pick-Up Games **NEW**

Wednesdays	5:30 p.m. to 6:30 p.m.	June 17 – Aug. 26
Pre-registration required	Location: Lincoln Park, 1450 High Street	

Pole Walking

Wednesday	5:30 p.m. to 8:30 p.m.	July 15, 2015
Location: Room D	New students \$28; repeat \$15	

Travel Your Way!

Susan Driscoll is a seasoned tour manager working in San Francisco. She has traveled the world on her own and has lived in Hawaii and Australia. She will provide insights into traveling on your own and/or with a group; what kind of medium and company would be the best match for you; and how to build groups so that you can go for free. Learn effective travel budgeting.

Register by June 10. Contact the Mastick Office, 747-7506.

Wednesday, June 17	6:00 p.m. – 7:15 p.m.	Dining Room II
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Virago Theatre Company's TheatreSports

Humor doesn't retire! Stretch your creativity by joining this fast-paced, fun, and daring improvisation and theatre games class taught by Alameda's own Virago Theatre Company. This workshop will keep you on your toes and keep the laughs coming!

Wednesday, July 8, 15, 22, and 29	6:00 p.m. to 7:30 p.m.
\$80 per person, payable @ Mastick Office	Room Dining Room II

NEED A QUIET SPACE TO MEET?

Mastick Senior Center has many nooks and crannies that can be used as meeting spaces. If you need to consult with a contractor or interview a caregiver and don't want to meet at your home, please take advantage of the comfortable, friendly atmosphere provided here at Mastick Senior Center. **To reserve a meeting space, please call 747-7506.**

PROGRAM OVERVIEW - ADULTS 50+ / SENIORS

Description	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Price
AARP Chapter Meeting (3rd Thur)				11:30am			Dues: \$5 per year
Alameda Stamp Meeting (3rd Thur)				10:00am			Free
Billiards	9:00am	9:00am	9:00am	9:00am	9:00am		Free
Bingo (Fundraising Program)						10:00am	Varies
Birthday Celebration (4th Thur)				12:30pm			Free
Blood Pressure Screening (3rd Tues)		1:45pm					By Appointment. No fee.
Blood Pressure Screening (2nd & 4th Wed)			10:00am				Free
Book Club		12:00pm					Free
Bridge (Social)			1:00pm				Free
Cards and Games	9:00am	9:00am	9:00am	9:00am	9:00am		Free
Computer Classes							Schedule and fees vary.
Computer Lab	9:00am		9:00am	9:00am	9:00am		Free/ Printing Fees
Consumer Presentations		1:00pm					Free
Current Events				9:30am			Free
Dental Consultation (3rd Thursday)				10:00am			By Appointment. No fee.
East Bay Retired Teachers Assoc. (EBRTA) (1st Thur)				10:00am			Free
HICAP		9:30am					By Appointment. No fee.
Legal Assistance for Seniors (3rd Monday)	1:00pm						By Appointment. No fee.
Library	10:00am		10:00am		10:00am		Free
Mah Jongg (Beginners)	Register in the Mastick Office. Must purchase Mah Jongg playing card.						
Mah Jongg (Experienced Players)					1:00pm		Free
Mastick Senior Center Advisory Board Meeting (3rd Wed)			9:00am				Free
Mastick Walking Group	9:30am						Refer to program flier.
Movie Matinee				1:00pm			Free
Music Appreciation (4th Thursday)				1:30pm			Free
New Member Orientation (2nd Thursday)				10:30am			Free
Notary Service			1:30pm				By Appointment. No fee.
Podiatry Consultation (3rd Tuesday)		1:45pm					By Appointment. No fee.
Portraits by Woodard (3rd Monday)	1:00pm						By Appointment. No fee.
Quilting	9:30am/ 1:00pm			9:30am/ 1:00pm			Contact office for schedule
Scrabble				1:30pm			Free
Shuffleboard	Daily	Daily	Daily	Daily	Daily		Free
Table Tennis		12:30pm					\$1 per person
Today's World		9:30am					Free
Thrift Shop		10:00am				10:00am	Varies
Transportation Ticket Sales		9:00am		9:00am			Varies
Program dates, times, locations and fees are subject to change.							
Please refer to the Activities at a Glance flier available at the Center for program locations.							

Refund Policy: Mastick Senior Center reserves the right to cancel classes due to low enrollment. In the event a class is cancelled by Mastick Senior Center, full refunds will be provided. Cancellations

initiated by the participant must be requested a minimum of five business days prior to the start of the program. A \$15 processing fee will be charged when withdrawing from a class or program.

SENIORS/ADULTS 50+ - PROGRAMS

FITNESS CLASSES

Fitness Class	
Monday (Class #15131)	9:00 a.m. – 10:30 a.m.
June 1, 2015 – August 31, 2015	\$45 per person
Wednesday (Class # 15297)	9:00 a.m. – 10:30 a.m.
May 27, 2015 - September 2, 2015	\$45 per person
Friday (Class #15132)	9:00 a.m. – 10:30 a.m.
May 29, 2015 – September 4, 2015 No Class on 7/3	\$42 per person
2 days per week (Class # 15133)	9:00 a.m. – 10:30 a.m.
May 27, 2015 – August 31, 2015 No Class on 7/3, 9/4	\$60 per person
3 days per week (Class # 15302)	9:00 a.m. – 10:30 a.m.
May 27, 2015 – August 31, 2015 No Class on 7/3, 9/4	\$90 per person
Pilates	
Wednesday	10:45 a.m. – 11:45 a.m.
Fee	\$4 per person per class
Pole Walking	
Develop Balance; great for exercise & maintaining mobility	
Tuesday	12:30 p.m. to 3:30 p.m.
April 7, 2015	new students \$28; repeat \$15
Tai Chi 24 Steps	
Beginning – Thursday	9:15 a.m. to 10:15 a.m.
Fee	\$4 per person per class
Intermediate Class – Thursday	10:30 a.m. – 11:30 a.m.
Fee	\$4 per person per class
Tai Chi-ercise	
Tuesday	10:00 a.m. – 11:00 a.m.
Fee	\$4 per person per class
Yoga	
Tuesday	10:30 a.m. – Noon
May 19 – June 23, 2015	\$42 (6-weeks) Class #15140
July 7 – August 11, 2015	\$42 (6-weeks) Class #15138
August 18 – September 22, 2015	\$42 (6-weeks) Class #15139
Wednesday	9:00 a.m. to 10:30 a.m.
May 20 – June 24, 2015	\$42 (6-weeks) Class #15144
July 8 – August 12, 2015	\$42 (6-weeks) Class #15142
August 19-September 23, 2015	\$42 (6-weeks) Class #15143

Refer to the Activities at a Glance flier
available at the Center or
www.mastickcenter.com for program locations.
Or simply visit the Mastick Office for assistance.

DANCE CLASSES

Ballroom Dance	
Wednesday	1:00 p.m. – 2:00 p.m.
Fee	\$4 per person per class
Egyptian Folklore Dance	
Friday – FREE	9:00 a.m. – 10:30 a.m.
Hawaiian Dance	
Monday & Friday	
Hula I	11:30 a.m. – 12:30 p.m.
Fee	\$3 per person per class
Hula II	12:30 p.m. – 1:30 p.m.
Hula III	1:30 p.m. – 3:00 p.m.
Fee	\$5 per person per class
Line Dance	
Wednesday	
Beginning	Noon – 1:00 p.m.
Introduction to Advanced	1:00 p.m. – 1:30 p.m.
Advanced	1:30 p.m. – 2:30 p.m.
Fee	\$3 per person per class
Thursday	
Beginning	Noon- 1:00 p.m.
Introduction to Advanced	1:00 p.m. – 1:30 p.m.
Advanced	1:30 p.m. - 2:30 p.m.
Fee	\$3 per person per class
Oriental Dance	
Monday – FREE	9:00 a.m. to 11:00 a.m.
Square Dance	
Tuesday	1:00 p.m. – 3:00 p.m.
Fee	\$2 Donation

www.mastickcenter.com

FOOD PROGRAMS

Lunch Program

Monday – Friday	12:00 Noon*
Eligibility Requirement: 60 & older	Fee: \$3.75 Donation
*The dining room opens at 11:15 a.m. Reservations required.	

Brown Bag Program

Thursday (1st & 3rd)	9:00 a.m.
Eligibility Requirements: 60 & older/Income limits	

ARTS AND CRAFTS

Creative Writing (Resumes September 8)	
Tuesday	\$88 per month
Session I	9:00 a.m. to 11:00 a.m.
Session II	11:30 a.m. to 1:30 p.m.
Ceramic Class	
Beginning/Intermediate Learn hand-building, sculpture and throwing on the potter's wheel. Individual and class projects are created during each session. Clay, glazes, some tools and kiln firing are included in class and supply fees. Lab time available - see below.	
Thursday - Class #15129	10 a.m. - 1:00 p.m.
June 18 - August 20, 2015	\$133*
Lab (for enrolled students)	
Tuesday	10:00 a.m. - 2:00 p.m.
*\$30 supply fee paid to instructor on first day of class.	
Drawing & Painting	
Monday - Class #15136	12:30 p.m. - 3:30 p.m.
June 29 - Aug. 24	\$70
Friday - Class #15137	9:30 a.m. to 12:30 p.m.
June 26 - Aug. 28 no class on 7/3	\$70
Lab (for enrolled students)	
Friday	1:00 p.m. to 3:30 p.m.
Knitting & Crocheting (Beginners Only)	
Tuesday	1:00 p.m. - 3:00 p.m.
Fee	Materials/Supplies
Needlecraft	
Tuesday	9:00 a.m. - Noon
Fee	Materials/Supplies
Sewing	
Wednesday	10:00 a.m. - 2:00 p.m.
Fee	\$5 per person per class

NEW MEMBER ORIENTATION

The New Member Orientation is a MUST and offers a guided-tour to introduce you to the Center, an information packet outlining the various programs and services and a complimentary lunch coupon! Call the Mastick Office at 747-7506 to reserve a seat to join us on: **April 16, May 21, June 11, July 9, August 13, or September 10, at 10:30 a.m.** in the Media Room. **We're looking forward to your visit!**

COMPUTER INSTRUCTION

Photoshop Elements

Introduction to the very popular photo-editing and management program. Perfect for the homespun photo enthusiast. Prerequisite: Computer Basic Skills.

Wednesdays	1:30 p.m. - 3:30 p.m.
June 3 - 24	\$20

Introduction to Computers

Designed for beginners, this course will cover use of the mouse/touchpad, computer keyboard, menus, icons, files and folders. No prerequisite.

Thursdays	1:30 p.m. - 3:30 p.m.
June 4 - 25	\$20

Registration and payment required prior to class.

LANGUAGE INSTRUCTION

American Sign Language (ASL)

Monday	June 15 - August 10 (No Class on July 6)	
Room D	\$25 per person per session	
Beginning	2:00 p.m. to 3:00 p.m.	Class # 15127
Advanced	1:00 p.m. to 2:00 p.m.	Class # 15128

English as a Second Language (ESL)

10:00 a.m. to 12:00 Noon	\$20 per person per session	
Tuesdays	May 26 - July 14	Class #15146
Tuesdays	July 28 - Sept. 15	Class #15130
Tuesdays	October 6 - Dec. 1 (No class Nov. 24)	Class #15145

French Conversation - FREE

Friday	Volunteer Instructors	
Literary Discussion	9:00 a.m. - 10:00 a.m.	
Elementary French	10:00 a.m. - 11:00 a.m.	

German Conversation - FREE

Friday: Volunteer Instructors	10:00 a.m. - 11:30 a.m.
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SENIORS/ADULTS 50+ - HOT TOPICS

MASTICK'S HOT TOPICS

Hot Topics feature relevant topics of interest. A sampling of upcoming topics are outlined below. To learn more about Mastick programs refer to our monthly newsletter, Mastick Bee, which is available online at www.mastickcenter.com. Preregistration is required for all programs listed below. **Visit the Mastick Office or call (510) 747-7506 for details.**

April 2015

Mastick Senior Center Advisory Board's Annual Thrift Shop Fashion Show and Spring Luncheon

Ticket sales begin Friday, April 10, 8:30 a.m. in the Mastick Office Thursday, May 14, 12:00 Noon (Doors open at 11:00 a.m.) in the Mastick Social Hall. The Annual Thrift Shop Fashion Show and Spring Luncheon will guarantee an enjoyable afternoon with friends and is a nice way to support Mastick Senior Center.

Travel Training - FREE

Tuesday, April 14, 1:00 p.m., Room D
Freedom is around the corner! Representatives from the Center for Independent Living (CIL) will be available to instruct individuals on how to ride AC Transit and BART. This user-friendly program is designed for seniors and individuals using mobility devices (wheelchairs or walkers). Learn how to read a bus schedule, plan your route and increase confidence and independence!

Transportation 101 - FREE

Tuesday, April 21, 1:00 p.m., Room D
Donatella Zepplin, Staff, will provide an overview of the various transportation options (East Bay Paratransit, City of Alameda taxi program, shuttle service and more) available to Alameda residents. Q & A period included.

Alexander Technique - The Art of Mindful Movement

April 21 & 28 and/or May 5 & 12, Dining Room 2
Drop-In Classes: Tuesdays, 2:30 p.m. to 3:30 p.m., Lenka Fejt, Alexander Technique Instructor. \$10 per class, register in the Mastick Office. The greatest gift for a person who experiences pain or discomfort during daily activities is to improve their mobility, balance, breathing and ultimately their overall functioning. Learn to think and move in new ways with less tension and greater ease.

Teens Teaching Technology - FREE

Thursday, April 16, 4:00 p.m. to 5:00 p.m., Room C (Computer Lab)
Teens from the ARPD Underground Teen Center will be available to assist and familiarize individuals with modern technology, including: Smart phones, iPads, etc. Register in the Mastick Office or call 747-7506.

Useful Gadgets in the Home - FREE

Tuesday, April 28, 1:00 p.m., Room D
This informative presentation will introduce a variety of tools and gadgets that can make it easier to complete everyday tasks. Learn about can and bottle openers, cooking utensils, and much more.

The Music of George Gershwin and Cole Porter - FREE - NEW

Performed by Catherine deCuir and the Bob Schoen Trio
Monday, April 27, 2:00 p.m. - 3:00 p.m., Mastick Social Hall
Gershwin and Porter - two giant names in the world of music, then and now. Broadway, Hollywood, and Musical Theater would not be the same without them! Think about these great songs by George Gershwin: Summertime; Nice Work if You Can Get It; They Can't Take That Away From Me; Somebody Loves me; 'S Wonderful. Just the mention of the titles makes you want to tap your feet! Also, Cole Porter, a man whose songs can still be heard everywhere great music is performed: I Get a Kick Out of You; Night and Day; Begin the Beguine; Easy to Love, and more.

May 2015

Adult Day Programs - FREE

Tuesday, May 5, at 1 p.m., Room D
This informative presentation will introduce health services, engaging activities and social interaction available in a safe and welcoming setting for adults needing help and supervision. These programs also give caregivers time to balance their lives. Many programs offer caregiver services such as support groups, counseling, educational programs, and referrals to complementary services.



ADVISORY BOARD PROGRAMS

Mastick Senior Center Advisory Board

The Mastick Senior Center Advisory Board meets on the third Wednesday of the month at 9:00 a.m. in Room D. **All are welcome!**

Mastick Bingo Program

Individuals 18 years of age and older are encouraged to join us every Saturday from 11:30 a.m. to 2:30 p.m. for fundraising BINGO. This festive game is held in the Mastick Social Hall and ensures an afternoon of fun, socialization, and a chance to win cash and prizes. Doors open at 9:30 a.m. All proceeds support Mastick Senior Center programs.

Mastick Thrift Shop

BARGAINS galore are available at the Mastick Thrift Shop on Tuesday and Saturday from 10:00 a.m. to 2:00 p.m. The Thrift Shop is open to the public and has been a shopping destination since 1984! The Thrift Shop accepts donations that are clean and in good condition. Refer to the donation guideline in the Thrift Shop. All proceeds support Mastick Senior Center programs.

MSCAB Scholarship Program

The Mastick Senior Center Advisory Board (MSCAB) provides assistance four times per year to members to help offset the cost of Mastick programs and trips. The scholarship program funds 50% of the program cost not to exceed \$50 per quarter. For more information or an application, visit the Mastick Office or call (510) 747-7506.

HOT TOPICS & SERVICES - ADULTS 50+ / SENIORS

Walk with Us for Older Americans Month Senior Health and Fitness Day

Wednesday, May 27, 9:00 a.m., Game Room Terrace
Bike Walk Alameda and Mastick Senior Center have organized a special walk to show our support and commitment to healthy aging in honor of "Older Americans Month". Representatives from Alameda Hospital will be onsite to provide Blood Pressure Testing and Diabetes Screening from 10:00 a.m. to 11:30 a.m.

Teens Teaching Technology – FREE

Thursday May 21, 4:00 p.m. to 5:00 p.m., Room C (Computer Lab)
Teens from the ARPD Underground Teen Center will be available to assist and familiarize individuals with modern technology, including: Smart phones, iPads, etc. Register in the Mastick Office or call 747-7506.

June 2015

Victoria's Legacy on the Island – FREE

Tuesdays and Thursdays, June 16 – July 7, 10:00 a.m., Room E
Judith Lynch (local author, teacher, resident and City of Alameda Historical Advisory Board member) will provide an overview on Victorian history and culture, highlighting the 19th century buildings of Alameda. This class will include three walking tours to show you how to recognize architectural details and distinguish among the various styles of fancywork homes that abound here. Class limited to 25 participants.

VA Benefits and YOU! – FREE

Tuesday, June 16, 1:00 p.m. in Room D
Donell Lewis, Veteran Service Representative (VSR), with the County of Alameda Veterans Service Office located in Oakland will provide an overview of local, state and federal benefits available to veterans and their dependents.

Drumming Circle @ Mastick! – FREE

Thursday, June 11, 2:30 p.m., Room A
Improve circulation, loosen stiff joints, and stimulate the mind while having a fun musical experience with the Mercy Retirement Community Drumming Circle.

July 2015

DMV Senior Ombudsman Program Overview

Tuesday, July 14, 1:00 p.m., Room D
Join Rosemary Robles, Community Outreach Senior Ombudsman, for an overview of the Senior Ombudsman Program which was developed to help keep seniors safe while driving.

Tea Party! Cooking Class

Saturday, July 11, 10:00 a.m. to 1:00 p.m., Kitchen (enter via parking lot)
Join Chef Jacki Rosen for a hands-on cooking class and learn the basics of preparing afternoon tea with the opportunity to enjoy the fruits of your labor. The cost is \$15 per person. Menu available in May. Advanced registration required. Visit the Mastick Office.

August 2015

Annual Open House and Resource Fair

Coming in August 2015. Watch for program information.

SPECIAL SERVICES

Paratransit Transportation Services

Transportation services to the Center and beyond are available for Alameda residents. To learn more call 747-7513.

AARP Smart Driver Course

This course is designed for individuals age 50 and older. Registration and payment required prior to class. Register in the Mastick Office.

Cost: \$15 AARP members/\$20 non-members (check ONLY).

The **standard course** is offered in two, four-hour sessions over a two-day period from 9:00 a.m. to 1:00 p.m. on the following dates: **April 1 & 8; July 1 & 8.**

The **refresher course** is offered in one, four and a half hour session from 9:00 a.m. to 1:30 p.m. and is available to individuals that have taken the standard course within the last four years. The refresher course is offered on **May 6; June 3; August 5; and September 2.**

Support Services for Everyday Living

are available at the Center and include: Blood Pressure Screening, Case Management Services, Dental and Podiatry Consultation, Legal Services, Health Insurance Counseling, Support Groups, Notary Services, Income Tax Preparation, and much more. Visit the Mastick Office to make an appointment or to learn more about these services.

Alzheimer's Caregiver Support Group

The Alzheimer's Caregiver Support Group meets from 10:00 a.m. to 11:30 a.m. in Room D on the second Thursday of the month. This group is for individuals caring for a loved-one with Alzheimer's Disease or dementia. Shelley Cooper, group facilitator, is provided by the Alzheimer's Association.



Multi-Media Art Exhibit

Join us in the Mastick Lobby on **Wednesday, August 12**, from 10:30 a.m. to 11:30 a.m. for a Multi-Media Art Exhibit reception to celebrate and admire the many works created by Mastick artists. Refreshments served.

SPECIAL NEEDS

SPECIAL NEEDS SERVICES

Leisure Club

The Leisure Club is a fun, activity based program specifically designed to meet the specialized recreational needs of persons with developmental disabilities. Activities include talent shows, arts & crafts, local trips, parties and dinners, shopping and much more.

The Leisure Club program serves Alameda residents that are 18 years of age and older. This program meets twice a month on the second and fourth Thursday from 7:00 p.m. – 9:00 p.m.

For more information, please call (510) 747-7543 or TDD 522-7538. This popular program currently has a wait list.



SPECIAL NEEDS

SKYHAWKS MULTI-SPORT CAMP

AGES 6-12

The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun! Through appropriate games and activities, participants learn sport specific skills in addition to vital life lessons including respect, responsibility, leadership, teamwork and sportsmanship. Participants leave camp with new friends, new skills and a new love for sports. Our patient and knowledgeable staff are trained to handle the specific needs of these young athletes. All participants receive a t-shirt, sports ball and merit award. Participant-to-coach ration is 6:1

NEW

June 15-19	1:00 p.m. – 3:00 p.m.	\$149 per session
Toby Chavez Field at Lower Washington Park		
Ages 6 – 8	Class# 15422	
Ages 9 – 12	Class# 15423	


Special Needs

Group Swim Lessons

Age 6 – adult

A swim class for those with special needs. No more than 2 students per instructor. Instructors will work on skills based on the students' capabilities, basic skills through stroke development and lap swim.

Emma Hood Swim Center	Group Lessons
Monday – Thursday	12:45 p.m. – 1:30 pm
Session 1	Class # 15426
Session 2	Class # 15427
Session 3	Class # 15428
\$150 resident / \$167 non-resident	
Encinal Swim Center	Tutor Private Lessons
Saturday	12:45 p.m. – 1:15 p.m.
Age 6 - adult	Class # 15472
\$153 resident / \$177 non-resident How many times per session?	




Why should you use a member of the **ALAMEDA ASSOCIATION OF REALTORS®** when buying or selling in Alameda?

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- ✓ History and background of real estate on the Island
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AlamedaAOR.org
510.523.7229



Nobody knows the Island like we do!™

HOW TO REGISTER

The registration form is available at:
www.alamedaca.gov/recreation or
ARPD Office, 2226 Santa Clara Ave., Alameda

1. ONLINE

- Go to the ARPD registration website:
www.arpdisplay.com

2. BY MAIL

- Fill out the registration form and enclose a check payable to ARPD or complete the credit card portion of the payment form.
- Mail the completed form to:
ARPD, 2226 Santa Clara Ave., Alameda, CA 94501

3. BY EMAIL

- Fill out the registration form and complete the credit card portion of the payment form.
- Email to: ARPD@alamedaca.gov

4. BY FAX

- Fill out the registration form and complete the credit card portion of the payment form.
- Fax the completed form to: (510) 523-4071

5. IN PERSON

- Registration may be completed in person at the ARPD office

Hours of Operation: Monday – Thursday, 8am– 6pm.

ARPD REGISTRATION FORM



Alameda Recreation and Park Department

2226 Santa Clara Avenue, Alameda, CA 94501

(510) 747-PLAY • FAX (510) 523-4071 • arpd@alamedaca.gov

Online Registration: www.arpdeplay.com • www.alamedaca.gov/recreation

REGISTRATION FORM

CLASSES & SPORTS

In Person or Mail:

ARPD Main Office
2226 Santa Clara Ave
Alameda, CA 94501
(510) 747-PLAY

SENIOR CENTER ACTIVITIES/CLASSES

In Person or Mail:

Mastick Senior Center
1155 Santa Clara Ave
Alameda, CA 94501
(510) 747-7500

- Full payment is due at the time of registration. Checks payable to ARPD, Discover, MasterCard or VISA accepted.
- All registrations receive confirmation.
- Withdrawals may be made by phone or in person with a \$15 processing fee. The remainder of fee will be placed as a credit on your account to be used in the future.

PARTICIPANT'S		BIRTHDATE	M/F	GRADE (IF ANY)	ACTIVITY TITLE	CLASS #	2ND CHOICE	FEE
LAST NAME	FIRST NAME							

MAIN CONTACT/PARENT/GUARDIAN INFORMATION:

TOTAL FEES DUE:

LAST NAME _____ FIRST NAME _____

Address _____ City _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____ Cell Phone (____) _____

Email Address _____

Emergency Contact Name _____ Relationship _____ Phone (____) _____

Emergency Contact (Other Than Parent) _____ Relationship _____ Phone (____) _____

Participant's Medical Information/Allergies _____

LIABILITY WAIVER

- Undersigned hereby releases, waives and discharges the City of Alameda, its directors, employees, agents and independent contractors from all liability to the undersigned and/or his/her personal representatives, assignees, heirs, and next of kin for any loss or damage and any claim or demands accruing or resulting from injury to the person or property or death of the undersigned, whether or not caused by the negligence and/or property of the City of Alameda, its directors, officers, employees, agents, and independent contractors.
- Undersigned hereby assumes full responsibility for and risk of bodily injury, death or property damage, whether or not it is due to the negligence of the City of Alameda, its directors, employees, agents and independent contractors or otherwise while in, upon or about the premises of the City of Alameda and/or while using the premises or facilities or equipment, including AED machines, or program transportation thereon.

PHOTO CONSENT: Undersigned authorizes the City of Alameda to use your (or child's/ward's) photograph in any future educational and/or community informational purposes, (including, but not limited to the website, Activity Guide or social media) produced by the City of Alameda.

☐ Check here if you do not give photographic consent.

CONSENT TO TREAT: I hereby give my consent for the City of Alameda staff to take me (or my child/ward) to the appropriate medical services and give appropriate medical authorization in the event that I cannot be immediately contacted. It is understood that the cost thereof will be at my expense.

☐ Check here if I do not consent to treat and I request that medical or surgical services be withheld.

Undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representation, statements or inducement apart from the foregoing written agreement has been made.

Signature _____ Date _____ ☐ Participant ☐ Parent/Guardian

☐ Check (payable to ARPD)

☐ Discover / ☐ VISA / ☐ MasterCard #: _____ - _____ - _____ Exp Date _____

Name on Card _____ Signature _____

Address on Card _____

By signing, I authorize the City of Alameda to charge my credit card for the activity costs listed above.



Alameda Recreation and Park Department
2226 Santa Clara Avenue
Alameda, CA 94501

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ARPD HIGHLIGHTS

**Parks
Make
Life
Better!**

**ALAMEDA
BACKYARD
GROWERS**

Let's Talk Gardens!

Community Garden Panel Discussion
Sunday, April 12th, 11am – 2pm
Officer's Club, 641 West Redline – See page 5



Earth Day Festival

Saturday, Apr. 25, 10am – 3pm
Washington Park – See page 5



49th Annual

Sand Castle & Sand Sculpture Contest

Saturday, June 6, 9am – 1pm
Robert Crown Memorial State Beach Park
– See page 5



Clay C-Bone Skateboard Tournament

Saturday, June 6, 2015, 11am – 4pm
Alameda Skatepark, 1177 W Redline Avenue
Event registration available only
on the day of the tournament.

NEW

Intro to Stand Up Paddling

Learn all of the basics and skills. Tour the Rock Wall, and the Navy Ship Cape Mohican.
– See page 37

NEW